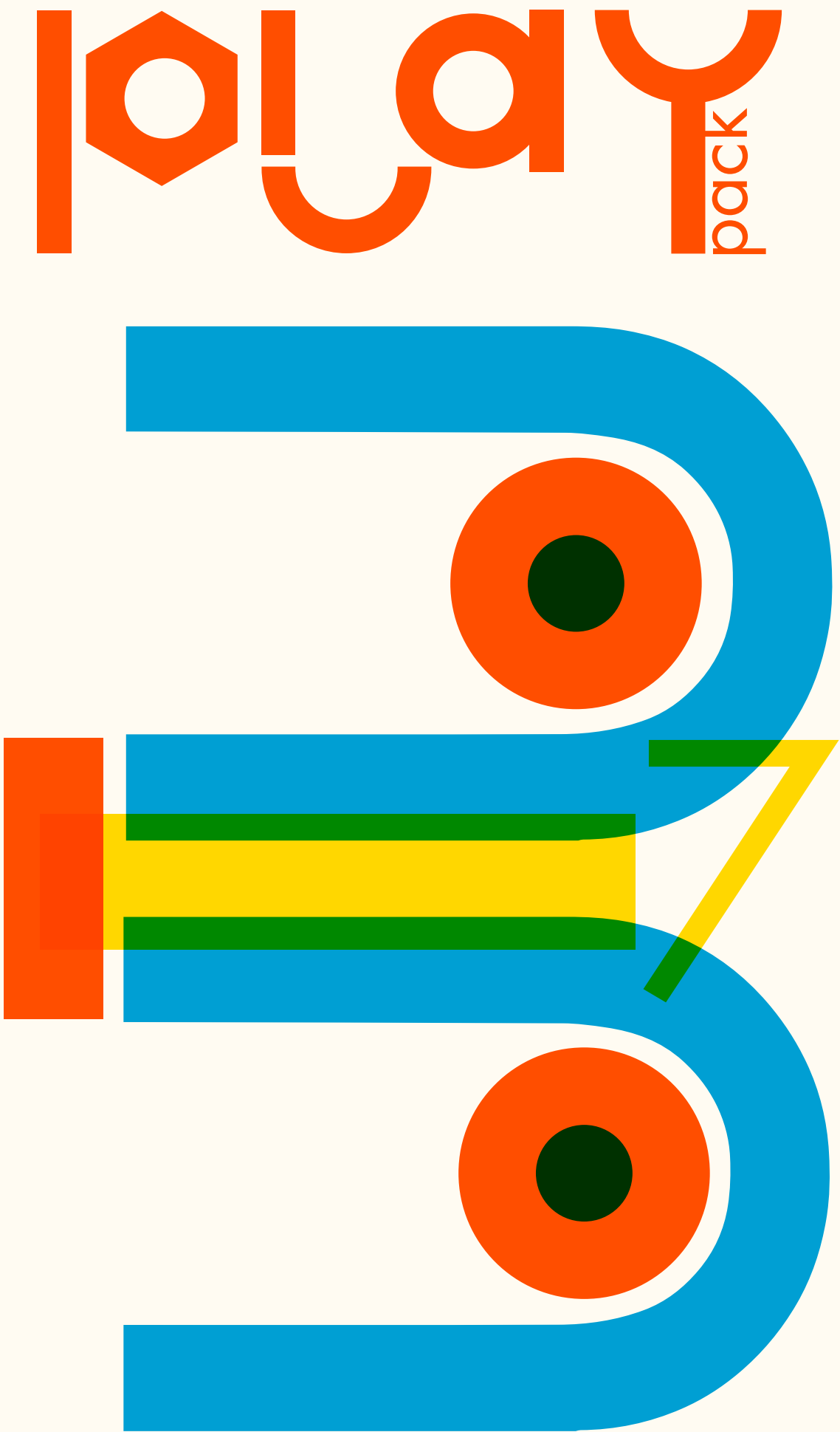


बच्चों के लिए



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Welcome to your Culture Mile Play Pack!

For this month's edition, we are looking and listening a little differently! We've teamed up with Made Up collective and F*Choir to bring you a collection of activities and prompts to help you see, feel, and imagine your spaces in a new way. There are activities to get you thinking about how you feel in certain spaces, and prompts to get you singing and making noise wherever you are.

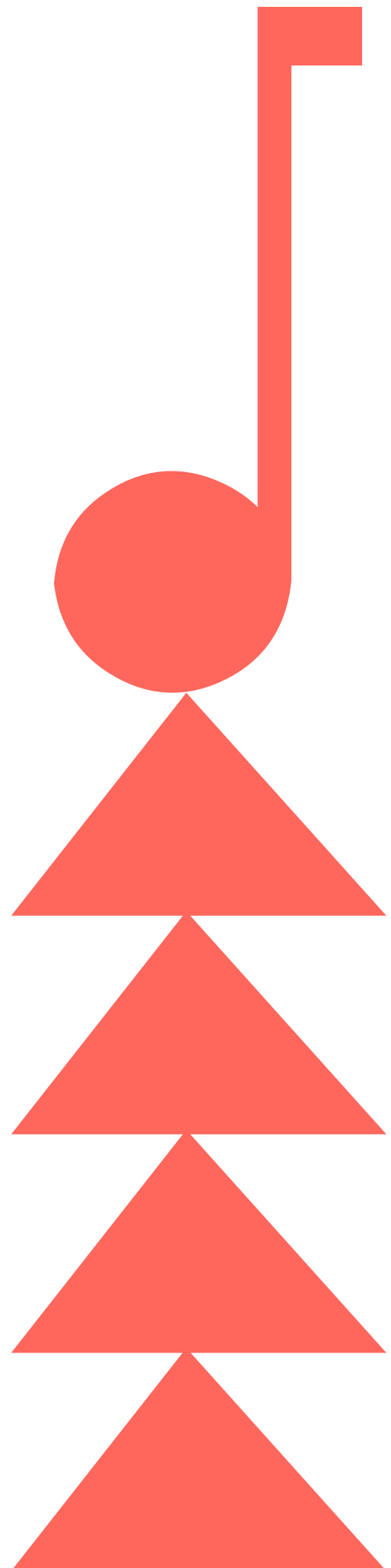
For the last few months we've been working with Made Up Collective, Islington Play Association and the Museum of London to create a series of playful interventions with the kids who use Timbuktu playground. The Made Up Collective are an ever growing group of socially active artists engaging with communities to transform spaces together.

For this pack we've also paired up with the brilliant F*Choir to bring you a whole host of fun musical prompts. F*Choir is a collective endeavour lead by performance artist Jenny Moore. They gather in body and voice to sing and move together, share feminist politics and create space for all voices to be heard. F*Choir cause a joyful racket wherever they go.

Expect games, fun fonts, sounds and songs, dances and all-round creative fun!

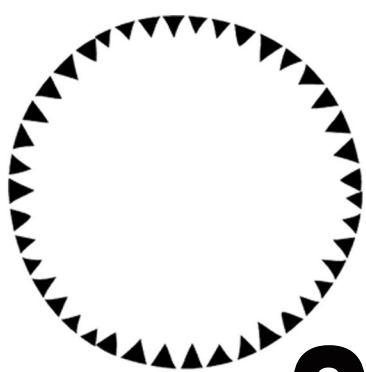
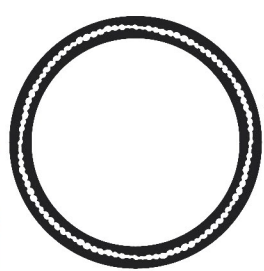
We would love to see what you make with your pack! You can get in touch with your pictures and ideas online at info@culturemile.london, on Instagram & Twitter at [@CultureMileLDN](https://www.instagram.com/CultureMileLDN) or [#culturemile](https://twitter.com/CultureMileLDN). And don't forget to subscribe to our newsletter to stay in touch!

This pack contains contributions by Made Up, F*Choir, The Royal Institution of Great Britain and Museum of London. Find our partners at madeupcollective.com and fchoir.com



MAKING FACES

THIS SHEET IS ABOUT FEELINGS

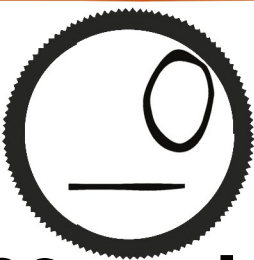


WHAT ARE THE FACES FEELING?

CAN YOU MAKE YOUR OWN?



Draw your favourites on the wooden circles



WHAT WOULD YOU SAY TO SOMEONE WHO IS FEELING:

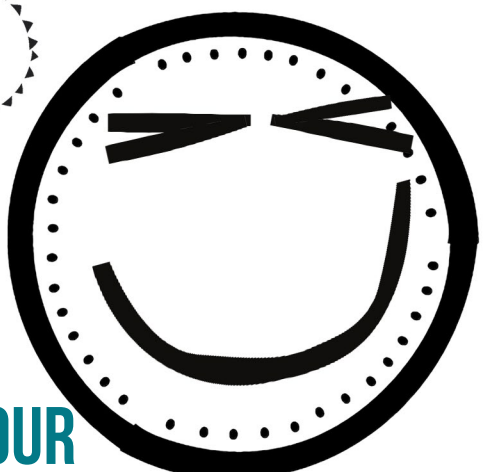
- HAPPY: _____
- SAD: _____
- ANGRY: _____
- SILLY: _____
- Tired: _____
- Excited: _____
- Scared: _____
- Bored: _____

YOU'RE GONNA HAVE TO WRITE REALLY SMALL HERE

... YOU CAN EVEN COLOUR THIS PAGE IN

OUR MOODS COME AND GO

MAYBE PUT DIFFERENT FACES ON EACH SIDE OF THE WOOD

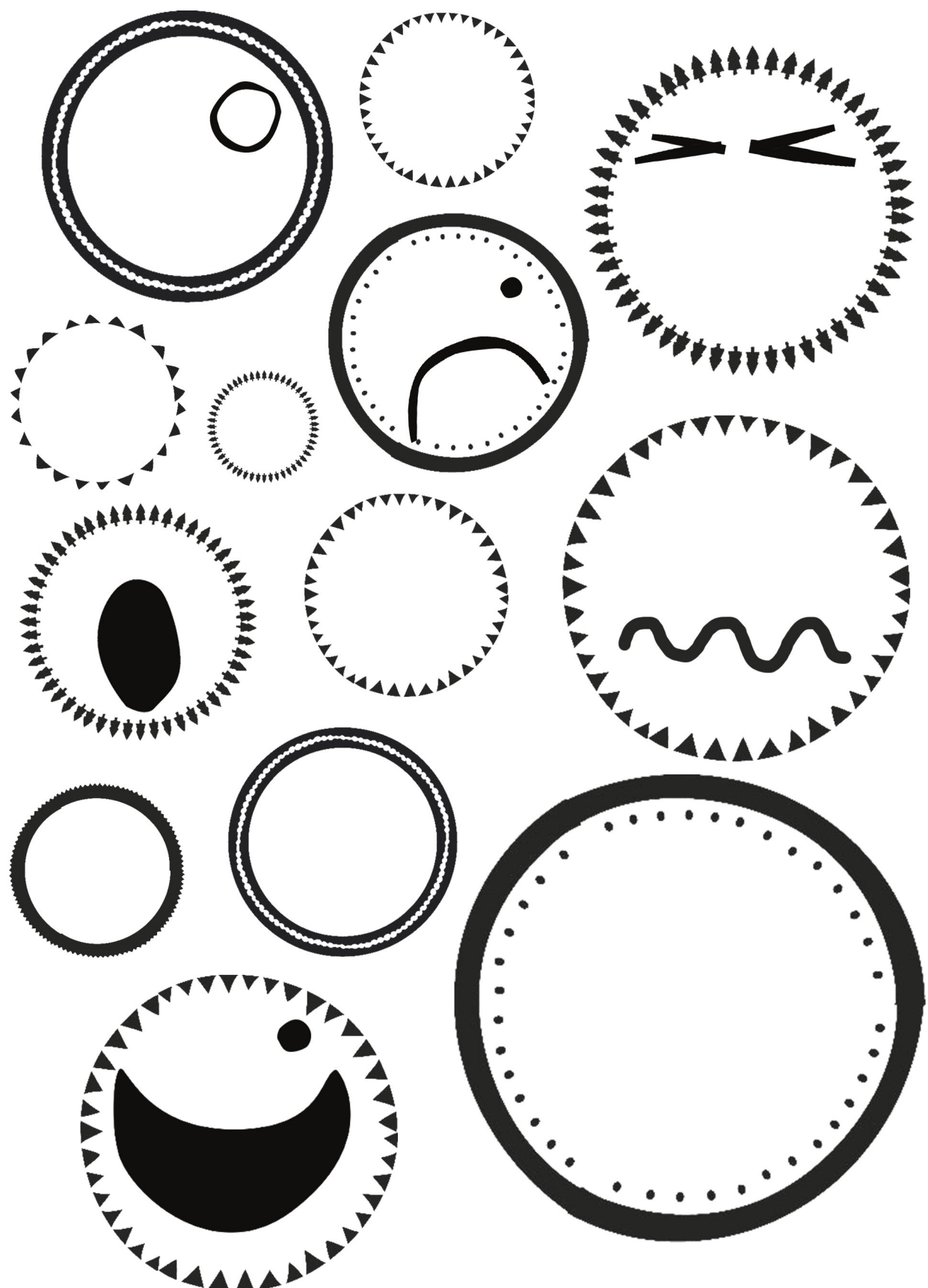


<<< YOU CAN MAKE YOUR OWN PATTERN HERE

WITH LOVE FROM: MADEUPCOLLECTIVE.COM

MAKING FACES

CAN YOU MAKE YOUR OWN MOOD FACES?



LOOKING DIFFERENTLY

SOMETIMES PEOPLE ~~ANNOY~~ UPSET YOU

THESE
GLASSES ARE
TO HELP YOU
SEE THINGS
DIFFERENTLY.



CUT
THEM
OUT

STICK
TOGETHER



WEAR
THEM

...AND WHILST YOU'RE DOING IT
THINK OF
THE THINGS THAT **MAKE YOU GREAT**

(YOU CAN ALSO MAKE YOUR OWN PATTERN GLASSES ON ANOTHER SHEET)

WITH LOVE FROM: MADEUPCOLLECTIVE.COM

<<< MAKE YOUR OWN PATTERN HERE

...OR HERE >>>

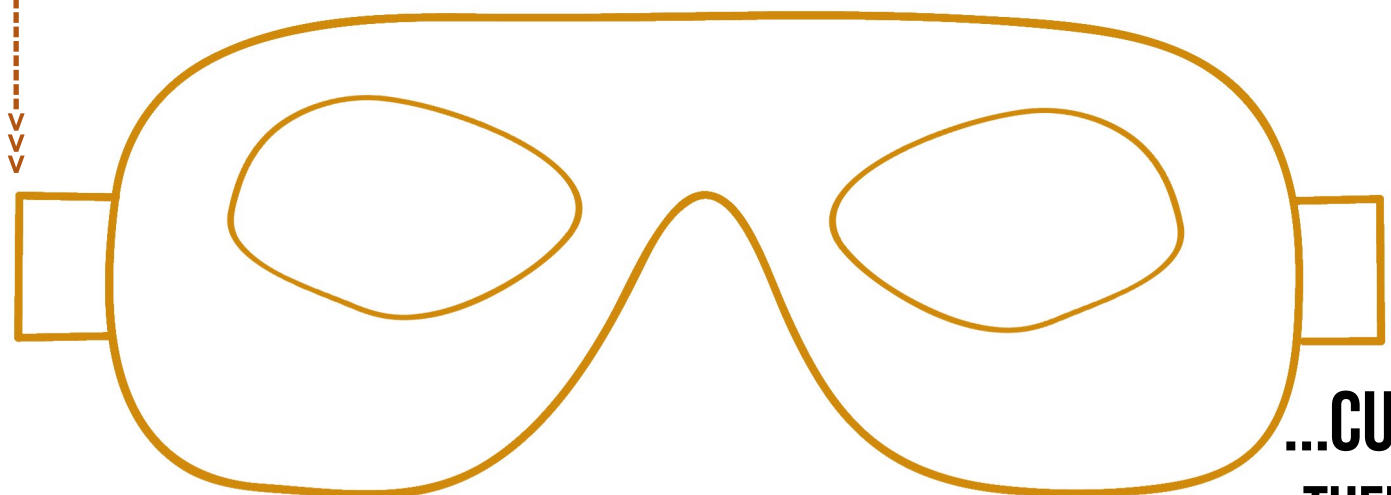
LOOKING DIFFERENT LY

TODAY.. MAYBE YOU WANT TO ACT DIFFERENTLY
YOU COULD MAKE A MASK TO HELP YOU

HERE'S SOME IDEAS...



DRAW
YOUR OWN SHAPES...



...**CUT**
THEM
OUT

STICK TOGETHER

WEAR
THEM

HOW WOULD YOU SOUND?
HOW WOULD YOU MOVE?
WHAT WOULD YOUR FAVOURITE FOOD BE?

MAKING WORDS

MOOD

CUT/BREAK 10 LOLLY STICKS IN HALF

USE THEM, WITH THE OTHER STICKS, TO MAKE A WORD FROM THE 'MAKING FACES' SHEET

IF YOU HAVE IT, USE SAND PAPER TO SMOOTH THE CUT EDGES

LIKE THIS



OR MAKE UP YOUR OWN MOOD WORDS

COUNT HOW MANY 1/2 STICKS / FULL STICKS ARE NEEDED
TAKE A PHOTO IF YOU WANT

MIX UP THE STICKS + MAKE ANOTHER WORD

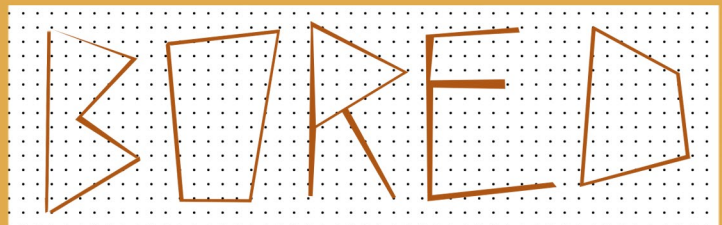
YOU CAN DO THIS AS MANY TIMES AS YOU WANT,

TO REMIND YOU **...MOODS CHANGE...**

YOU CAN EVEN MAKE A CHART:
(ON ANOTHER PIECE OF PAPER)

MOOD WORD	1/2 STICKS	FULL STICKS
BORED	15	6
HAPPY		
EXCITED		

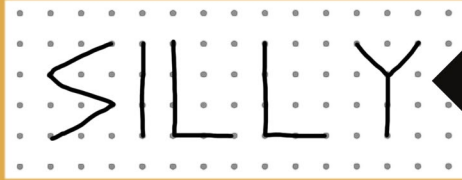
IF YOU WANT YOU COULD GET THE DOT PAPER AND SEE IF YOU CAN DRAW THE WORDS OUT



MOOD

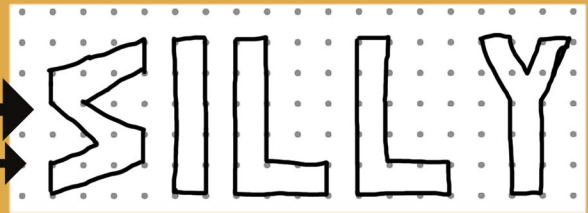
MAKING WORDS

USE THE DOT PAPER TO HELP YOU WRITE WORDS

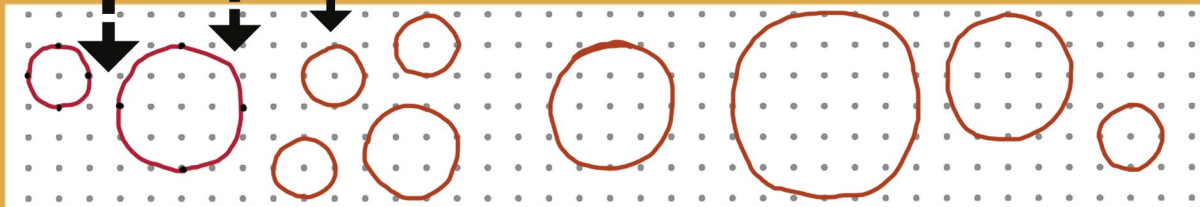


FIRST TRY SOMETHING EASY
DONT WORRY IF IT DOESNT LOOK PERFECT

THEN YOU COULD TRY MAKING
BLOCK LETTERS
(THIS IS A LITTLE HARDER)



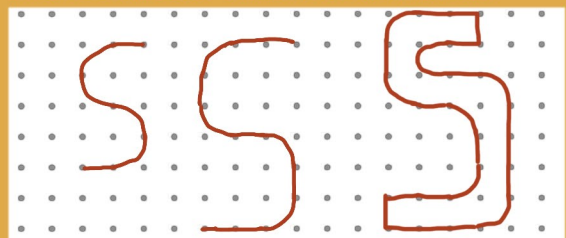
SOME LETTERS ARE NOT SO EASY TO WRITE... THEY MAYBE NEED A CURVY BIT
(TRY OUT MAKING CIRCLES IN BETWEEN THE DOTS FIRST)



THEN ADD THE CURVES TO YOUR WORDS:



MAKING CURVED BLOCK LETTERS TAKES PRACTICE
WHEN YOU CAN DO AN 'S' EASILY YOU'RE AN EXPERT



AND THEN YOU CAN PLAY... YOUR WORDS CAN EVEN BE DIFFERENT SIZES IF YOU WANT

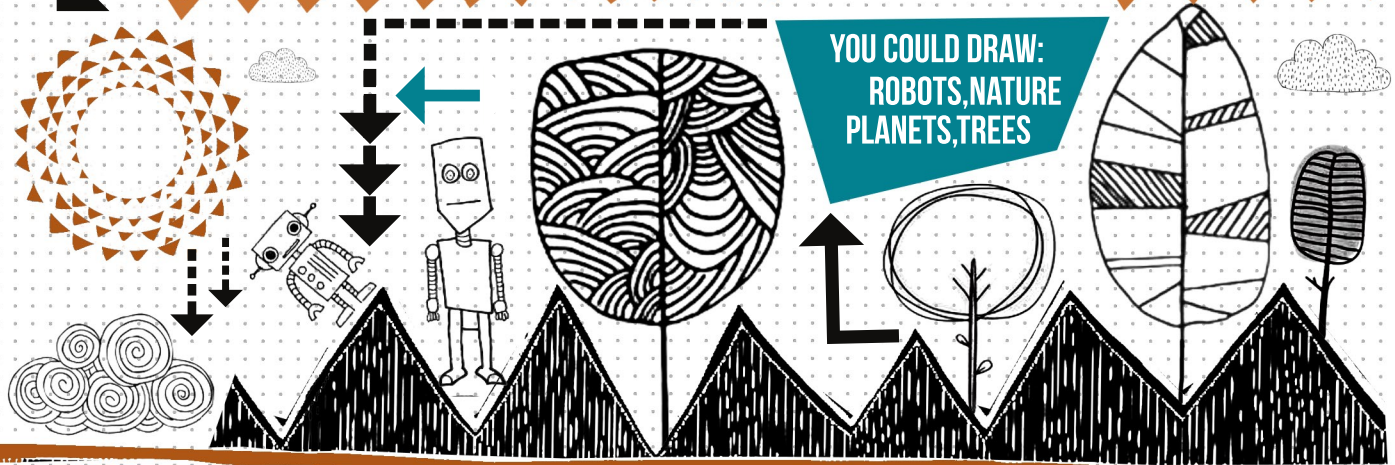


TO PRACTICE YOU COULD USE A PENCIL FIRST + RUB OUT MISTAKES

DOODLE IDEAS

THIS SHEET IS JUST TO HELP YOU SEE HOW +
WHAT YOU CAN DRAW ON YOUR DOT PAPER

COPY THE BITS TO MAKE YOUR OWN DOODLE DRAWING



MAKE YOUR OWN MOOD WORDS.....

SAD
TIRED
HAPPY
EXCITED

RELAXED
JOYFUL
ANGRY

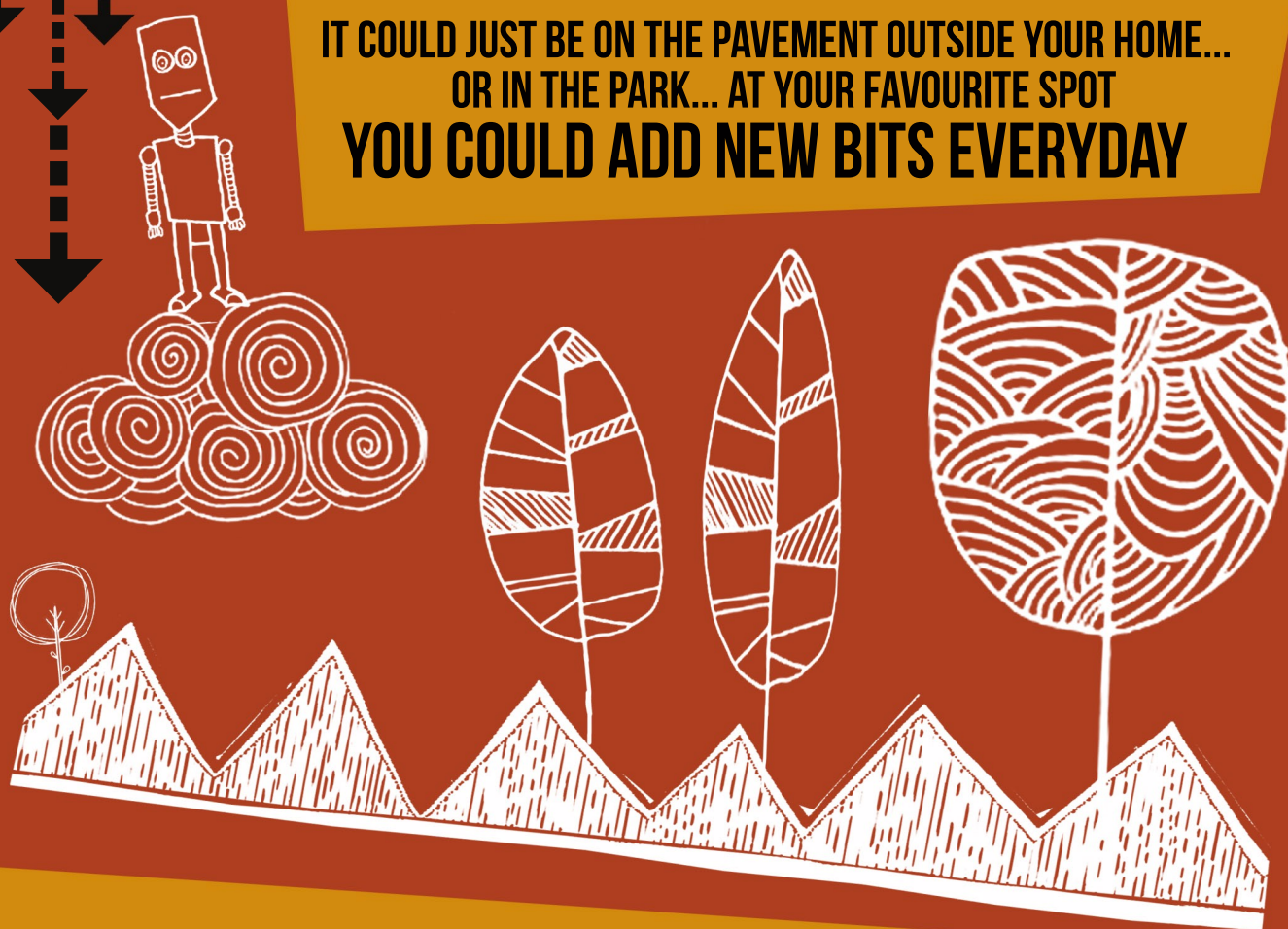
OR YOU COULD JUST DRAW SOME COLOURED LINES AND MAKE DOODLE PATTERNS IN BETWEEN... A BIT LIKE THIS:



MAKE YOUR MARK

TAKE THE CHALK... AND YOUR DOODLE SHEETS
AND GO AND DRAW OUTSIDE

IT COULD JUST BE ON THE PAVEMENT OUTSIDE YOUR HOME...
OR IN THE PARK... AT YOUR FAVOURITE SPOT
YOU COULD ADD NEW BITS EVERYDAY



...SOME WORDS FOR PEOPLE TO SEE AS THEY WALK BY

A JOKE, A POEM, SOMETHING PLAYFUL?

YOU COULD EVEN DRAW/WRITE A WHOLE STORY DOWN YOUR STREET
(THAT WOULD NEED LOTS MORE CHALK!)

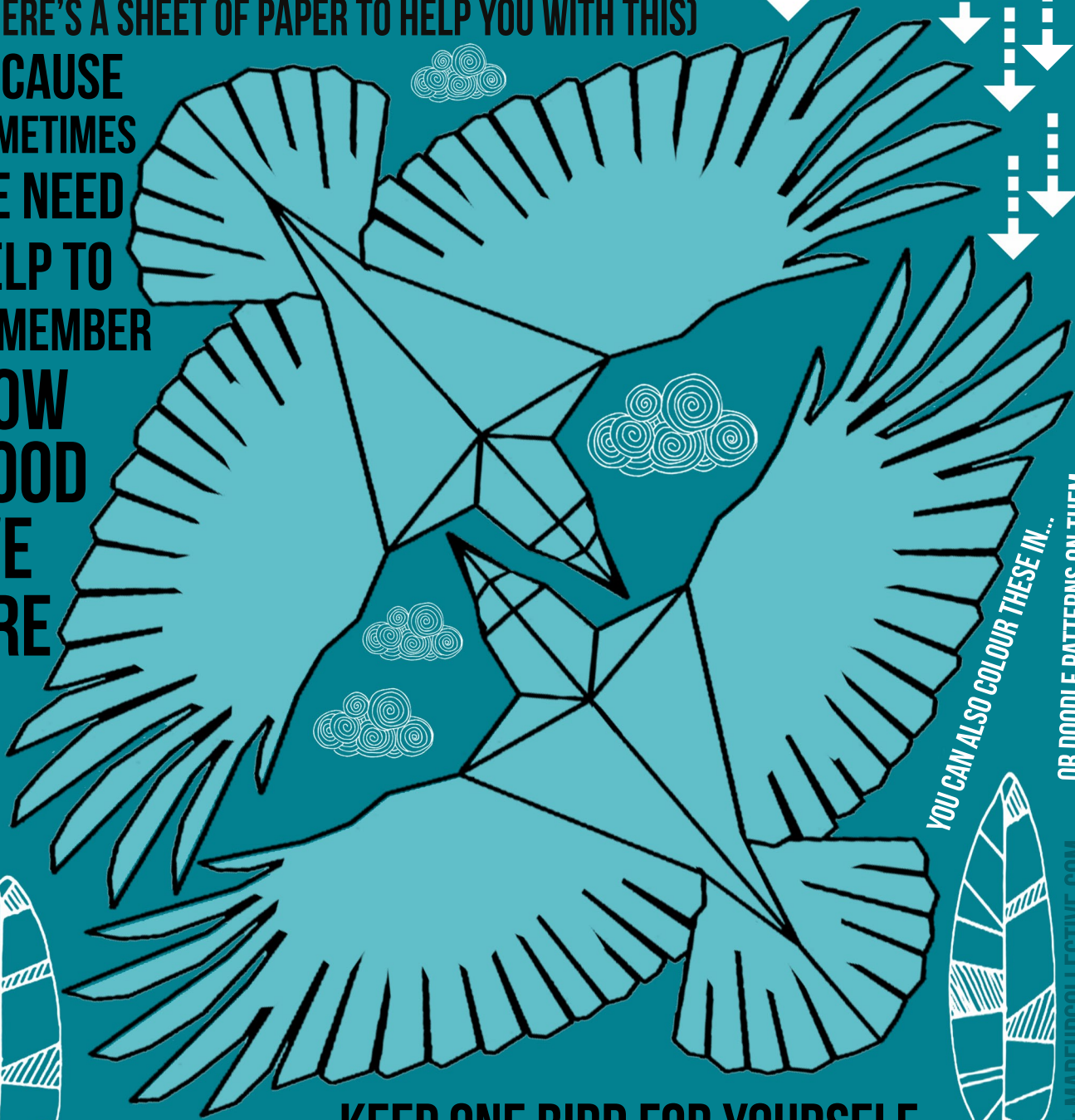
WITH LOVE FROM: MADEUPCOLLECTIVE.COM

LEAVE YOUR MARK

CUT OUT THESE BIRDS.....

ON ONE: WRITE A LOVELY MESSAGE ON THE WINGS
ON THE OTHER: WRITE GOOD THINGS ABOUT YOU
(THERE'S A SHEET OF PAPER TO HELP YOU WITH THIS)

BECAUSE
SOMETIMES
WE NEED
HELP TO
REMEMBER
HOW
GOOD
WE
ARE



YOU CAN ALSO COLOUR THESE IN...
OR DOODLE PATTERNS ON THEM

KEEP ONE BIRD FOR YOURSELF,
TAKE THE OTHER BIRD ON A WALK WITH YOU

COUNT THE TREES YOU WALK PAST, WHEN YOU GET TO 20, LEAVE THE BIRD FOR OTHERS TO SEE
(YOU MAY NEED TO TAKE SOME STRING WITH YOU...SO YOU CAN ADD THE BIRD TO THE TREE)

LEAVE YOUR MARK

THIS SHEET IS TO HELP YOU
REMEMBER THE THINGS
THAT MAKE YOU GREAT

HERE ARE SOME SENTENCES YOU CAN FILL IN:

I AM AN AMAZING _____

ASTOUNDING AT _____

I CAN TEACH OTHERS _____

I LOVE _____

I AM PROUD OF _____

I CAN PLAY _____ REALLY WELL

MY FAVOURITE THING TO DO IS _____

IT MAKES ME FEEL _____

_____ MAKES ME HAPPY

I AM LEARNING TO _____



