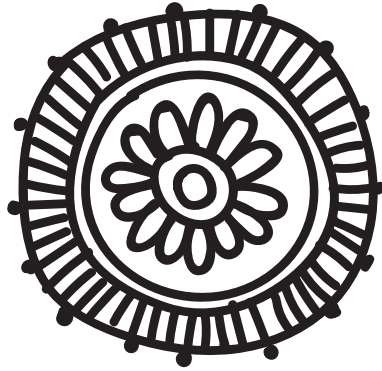


World's
most
famous



Learn
About Diwali





WHAT IS DIWALI?

Diwali is one of the most important events in the Indian calendar. It is celebrated by Hindus, Sikhs, Jains and Nepalese people all over the world. Diwali is also known as 'Deepavali' or 'the festival of light' which celebrates the New Year.

WHAT DOES DIWALI MEAN?

The word Diwali means 'row of lighted lamps'. Diyas are lit around homes to remember the story of Rama and Sita and good winning over evil.

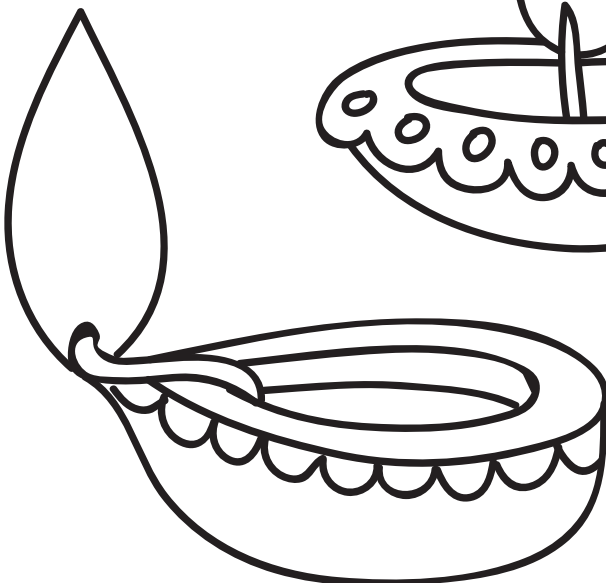
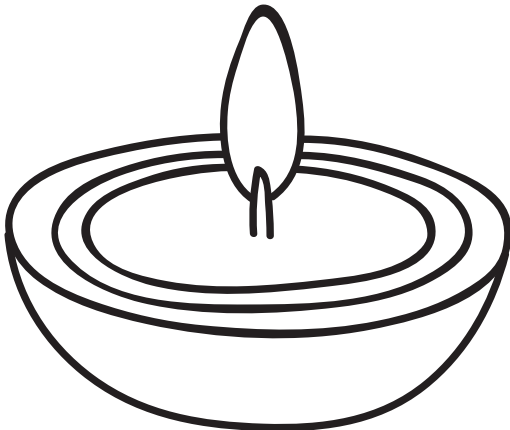
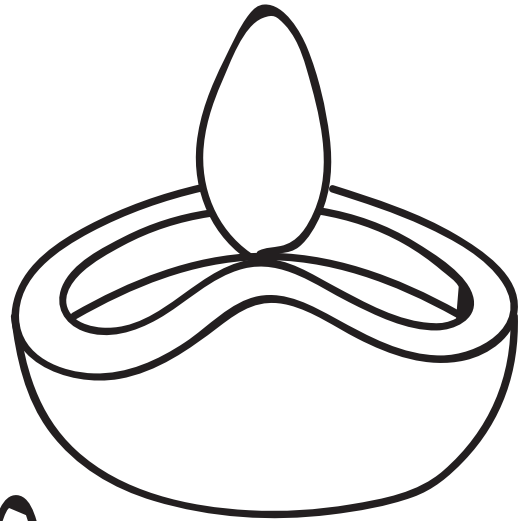
Lamps are also to tempt goddess Laxmi to visit homes bringing wealth in future with her.

WHAT HAPPENS DURING DIWALI?

During Diwali, homes are cleaned and oil lamps and diya are lit. This helps guide Laxmi - the goddess of wealth and good fortune, and Ganesh - the god of wisdom, good luck and remover of obstacles into their homes for the coming year.

Gifts and sweets are shared with family and friends and prayers said to gods and goddesses at home or temples where offerings of sweets are fruit are made. Many people wear new clothes and fireworks are lit in the evening in celebration.

DECORATE AND COLOUR
THE DIYAS BELOW



TRIUMPH OF GOOD VS EVIL

HINDUS - RESCUE

Rama and his wife Sita were banished to the forest for 14 years from their home in Ayodhya by the King. Ramas brother, Lakshman, also went with them.

After many hears, Ravana, a ten-headed demon, kidnapped Sita and took her away to his island of Lanka. With the help of Hanuman, the monkey god, Rama and Lakshman rescued Sita and they were all reunited.

The people of their village lit oil lamps to guide them all home and celebrated their return with fireworks and Rama was crowned Prince.

SIKHS - JUSTICE

Diwali is also celebrated by Sikhs. The 6th Guru, Guru Hargobind Sahib, was wrongly imprisoned for his beliefs by Emperor Shah Jahan. The Guru stood up for what he believed in and refused to leave the prison where he was held until the other kings and princes that were unjustly imprisoned were released too.

It was close to Diwali they were all released and therefore made the occasion and even more joyous event and expressed another triumph of good over evil.

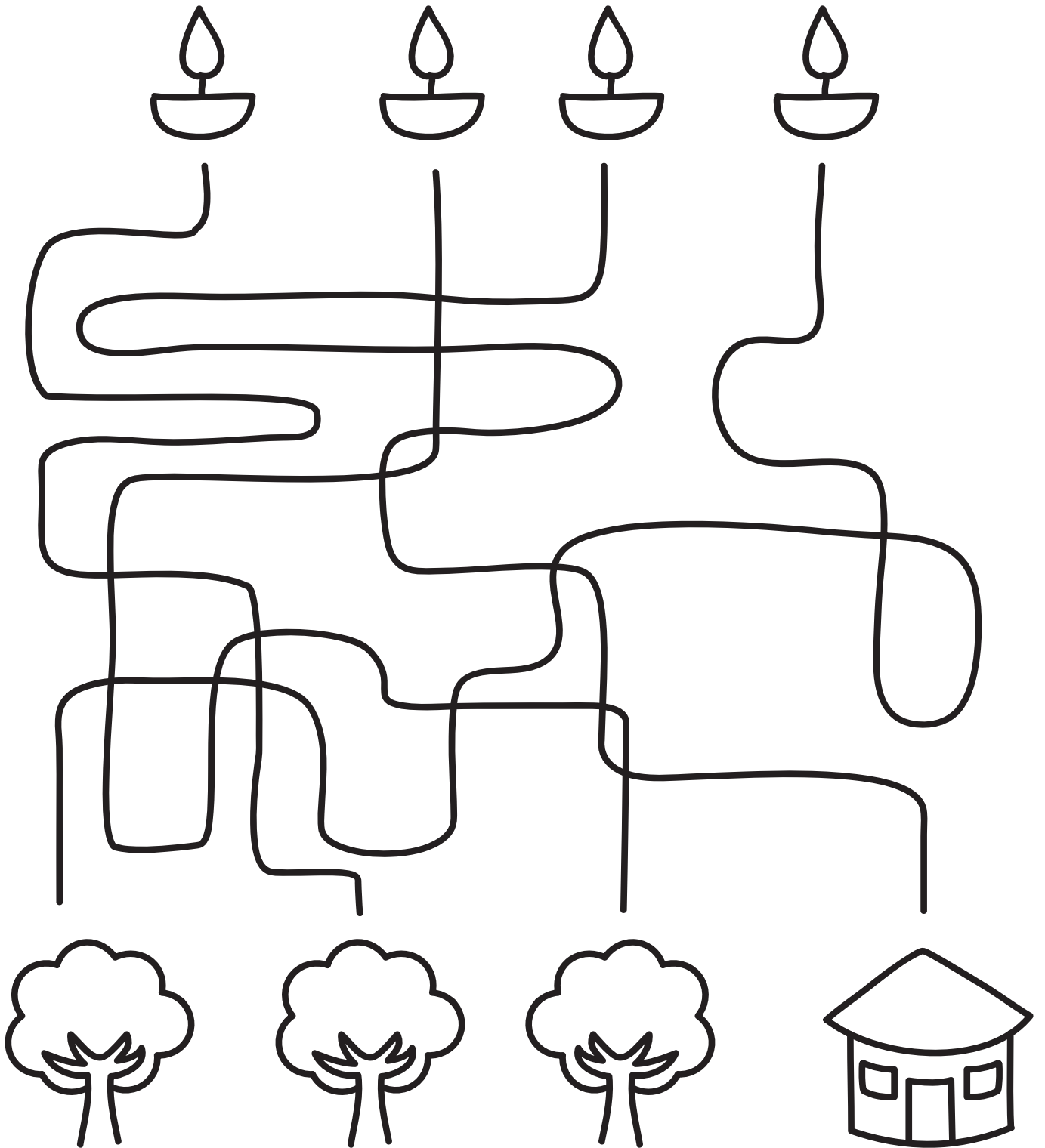
JAINS - NIRVANA

In Jainism, they remember Lord Mahavira as this was the day he attained Moksha (nirvana). Many Gods were said to be present illuminating the darkness during this time.

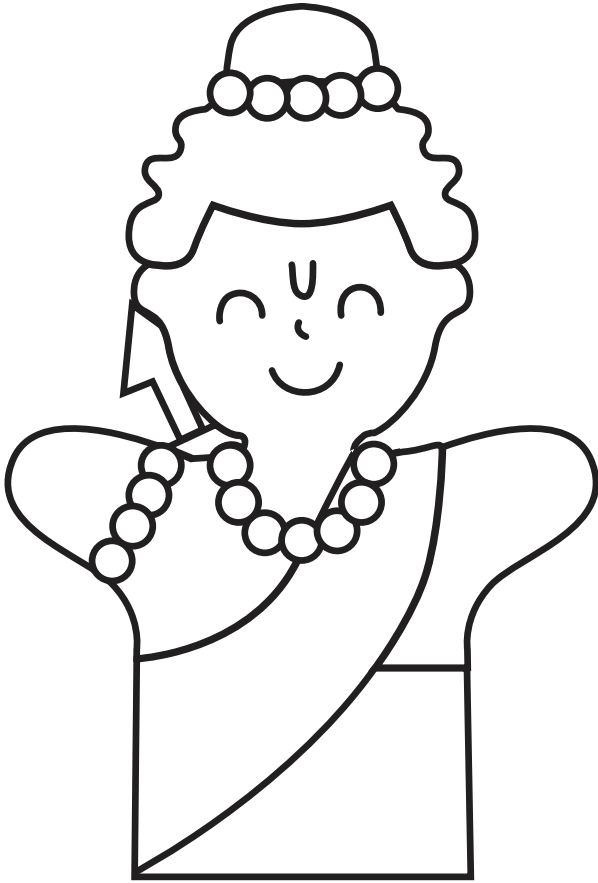


LIGHT THE WAY HOME?

Find the right diya that lights the way to the house.



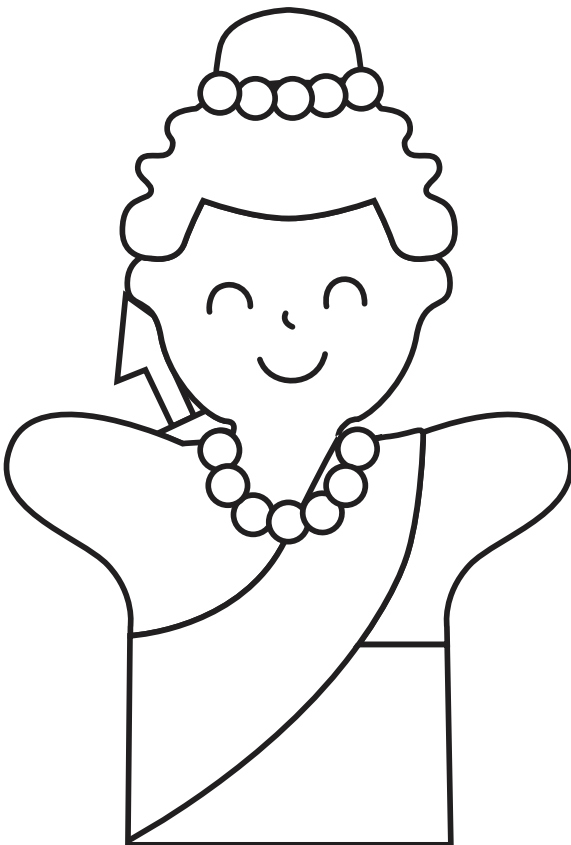
RAMA



SITA



LAKSHMAN



HANUMAN



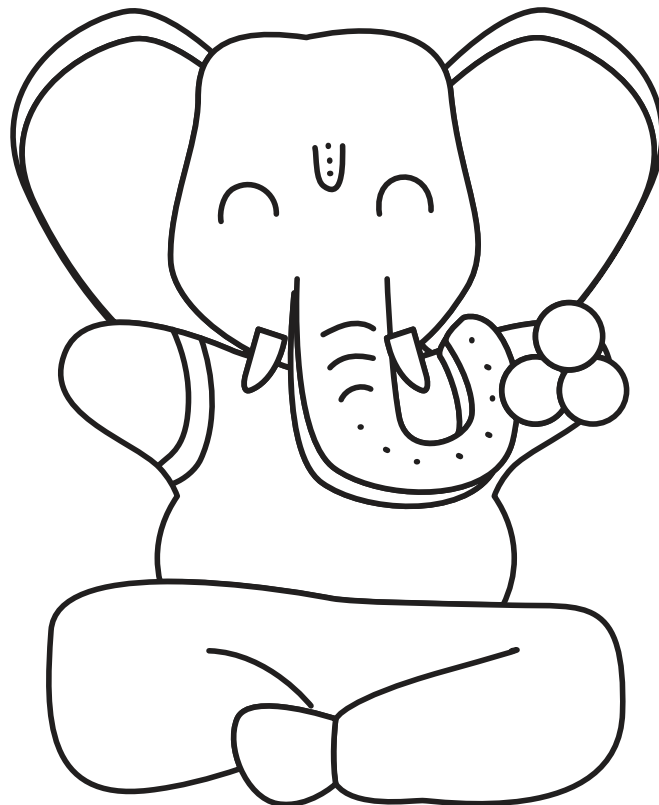
RAVANA



LAXMI



GANESH

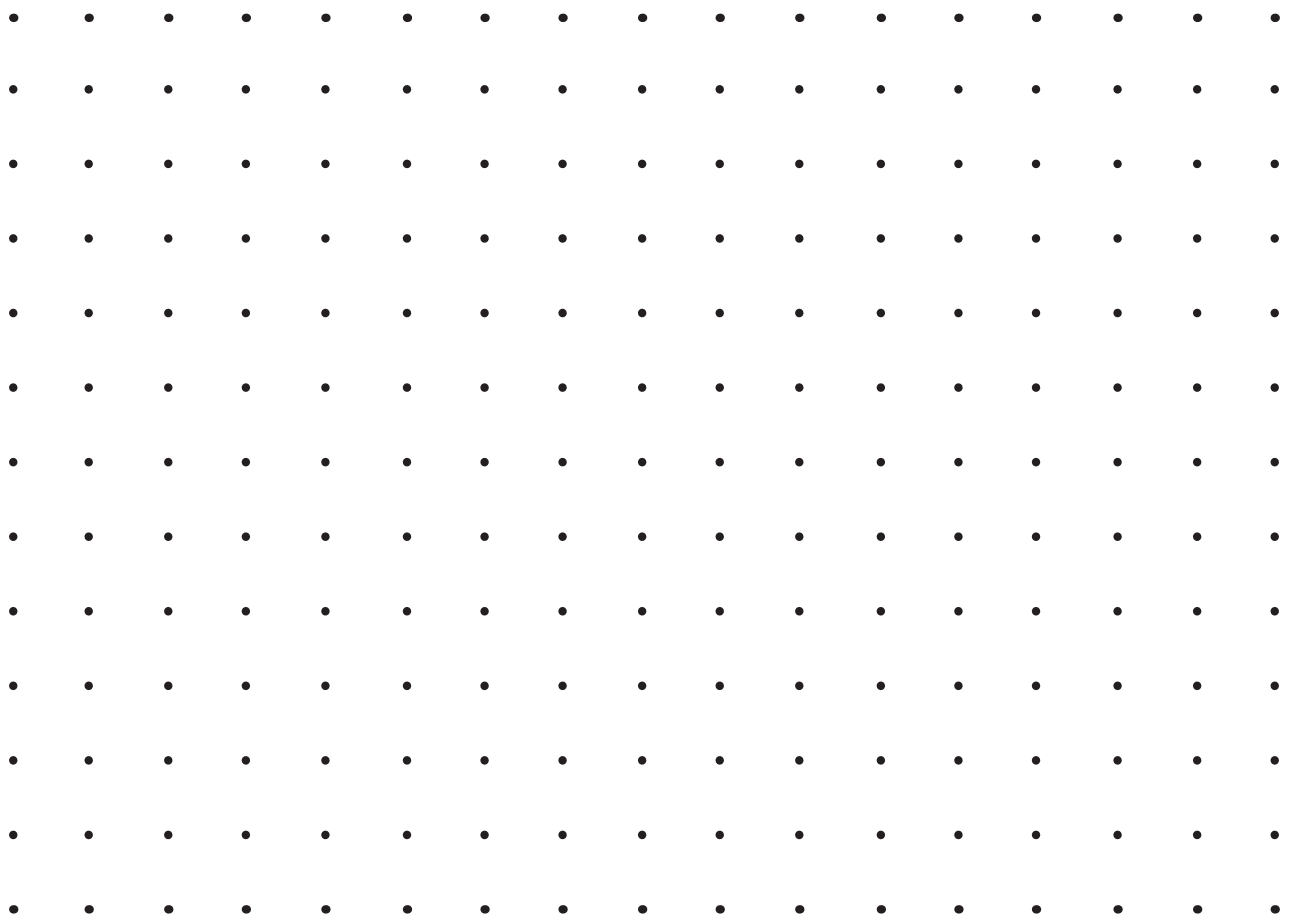
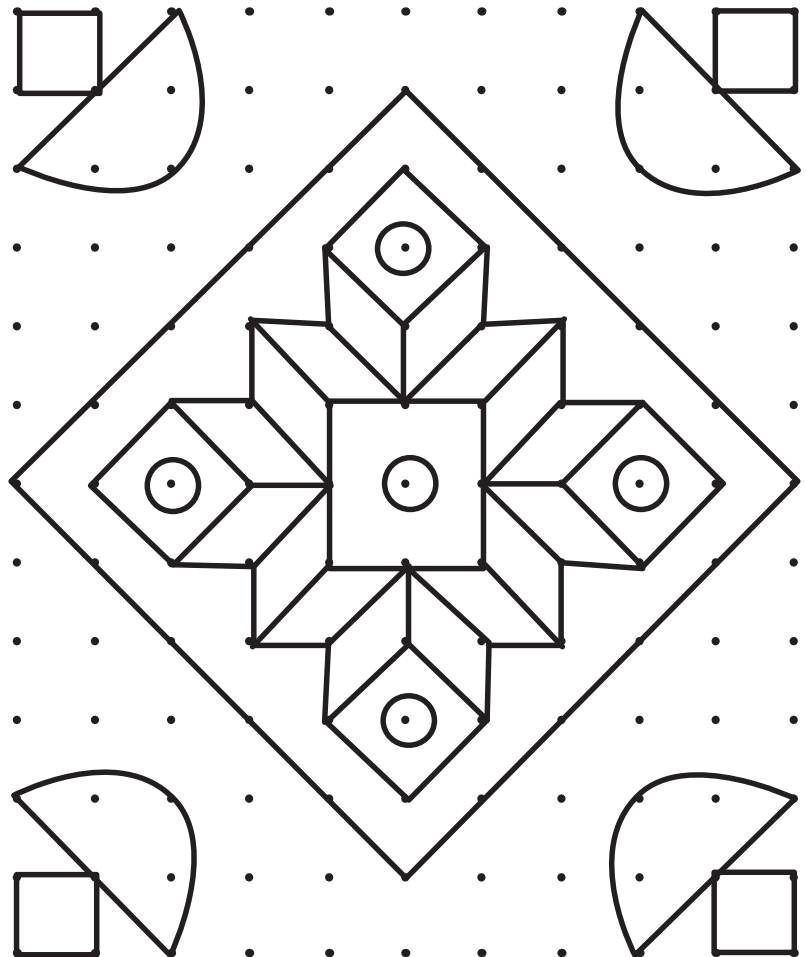


RANGOLI PATTERNS

Rangoli patterns are used to decorate the ground near the front door to welcome goddess Laxmi into our homes.

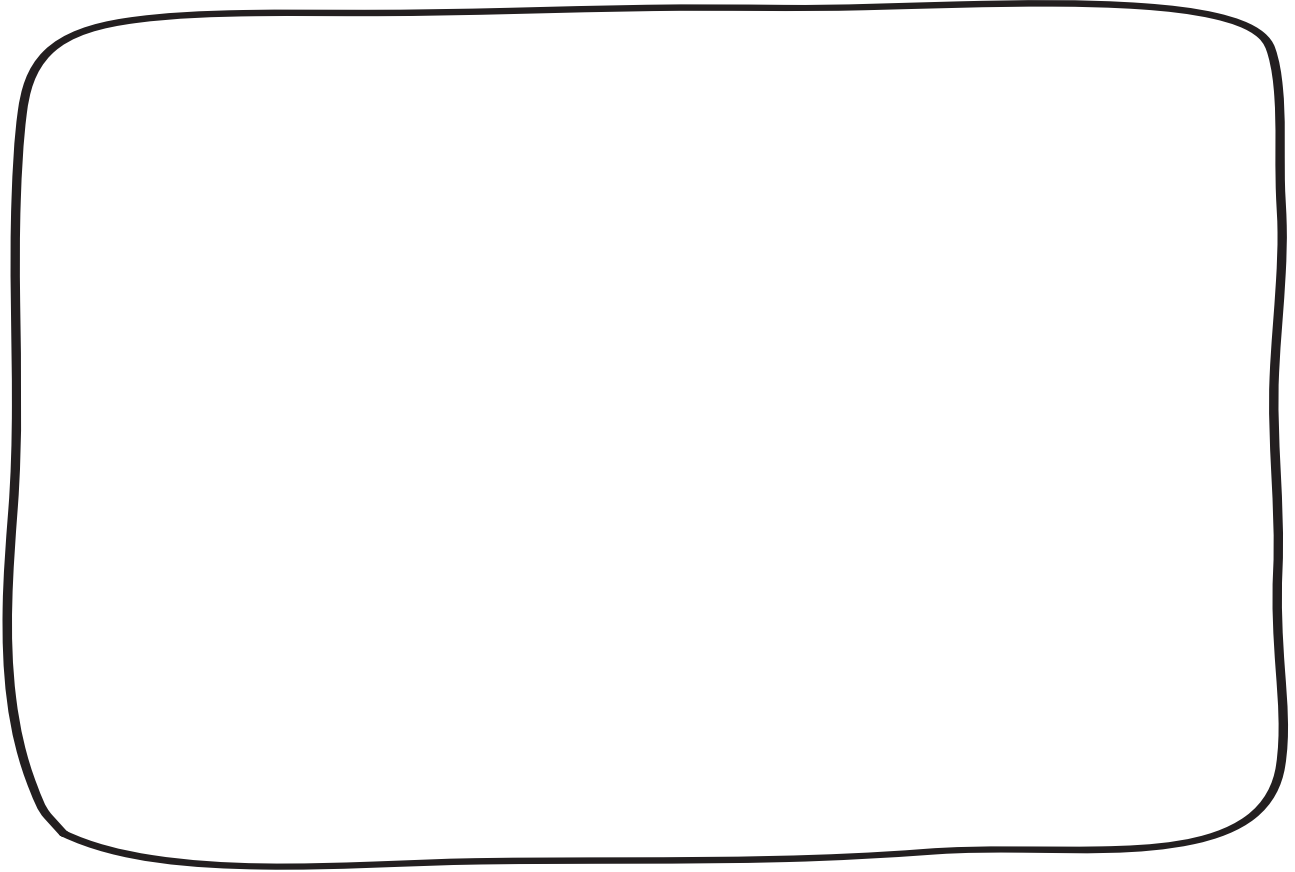
They are usually drawn using rice grains, flour, sand or chalk. Rangoli drawings are themed from nature for example peacocks, swans, mango shapes or flowers.

Have a go at drawing your own below.



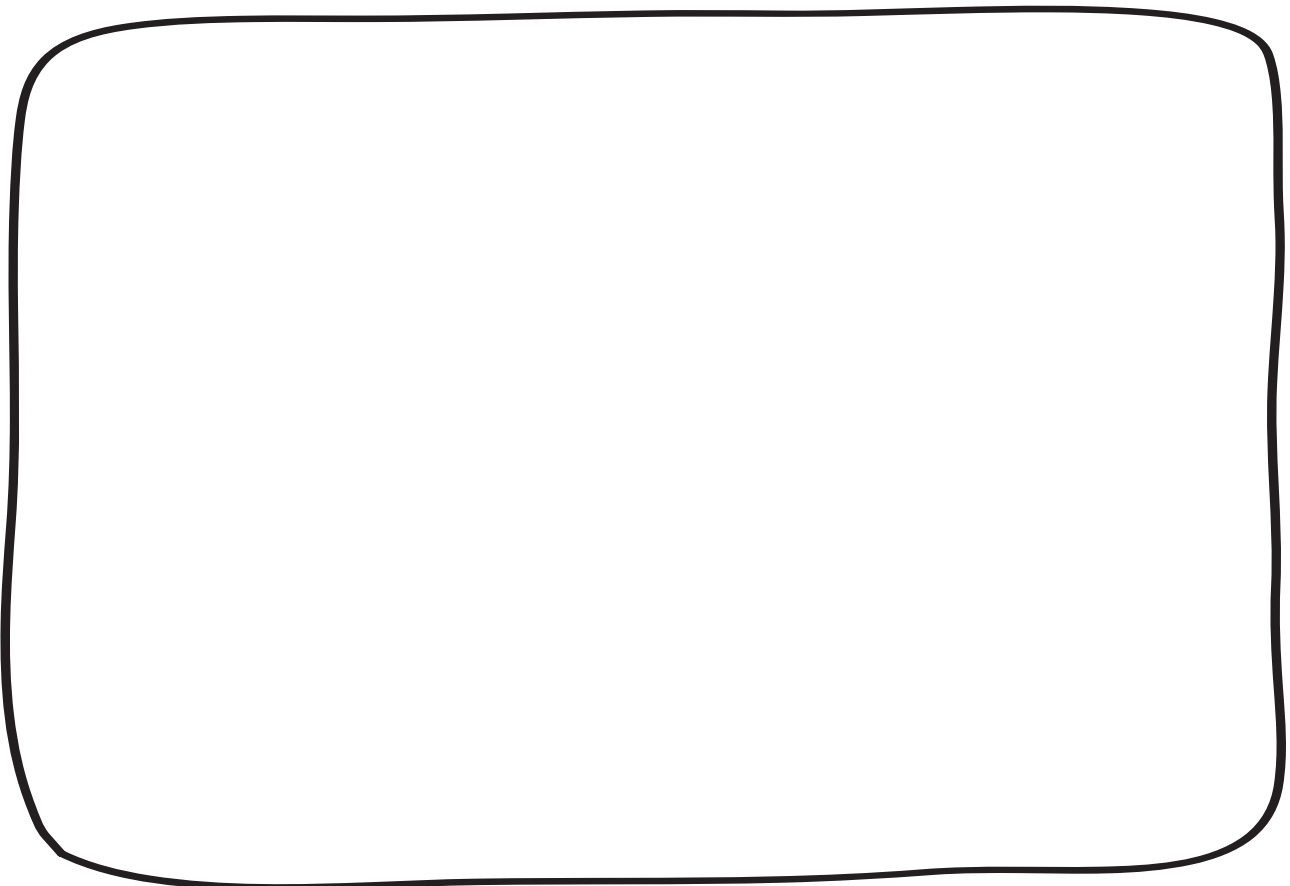
YOU AND YOUR FAMILY

Use this page to draw a picture of you and your family celebrating Diwali.



YOUR FAVOURITE THINGS

Use this page to draw a picture of all your favourite things about the Diwali.





Winter holidays are feeling a little different this year and we can't easily get to our usual destinations to celebrate. So Museum of London and Tea Dance for Little People have produced a virtual family adventure for you full of story, film and activities you can do from the comfort of your own home.

Take a journey back to 1834 in Victorian Times. It was hard work back then on the docks of the Thames. Towards Christmas time you had to work extra hard to earn a few extra shillings, especially if you wanted to purchase Christmas dinner for your family!



Take part in a playful adventure here, full of story, craft, silly dancing, carol singing and of course working hard at the Docks to earn a few extra shillings to get that **Turkey** on the **Table** and that **Pudding** on a **Plate**.

How to Use:

Follow the story map and do as many activities as you like. The activities are linked, so **1** on the story map is linked to **1** activity sheets.

For extra fun and story, link to the Museum of London adventure where you can watch and listen to short stories and songs linked to your story map.

www.museumoflondon.org.uk/families/fun-home/victorian-christmas

WHAT'S IN YOUR PACK:

Alongside your **Story Map** and **Activity Sheets** you have **craft paper** and **accessories** to complete some of the activities. Other activities ask you to hunt around your house to complete them. If you don't have exactly what it says, try and think of an alternative that is similar. For example if you don't have a potato, what other vegetable or fruit or object could you use?

Have fun! and don't forget to share your favourite moments and creations with us:

send us an email to info@culturemile.london or post your picture on social media. Remember to tag us and use **#culturemile**

 @tea_dance_for_little_people  @td4lp   @culturemileLDN

Disclaimer:

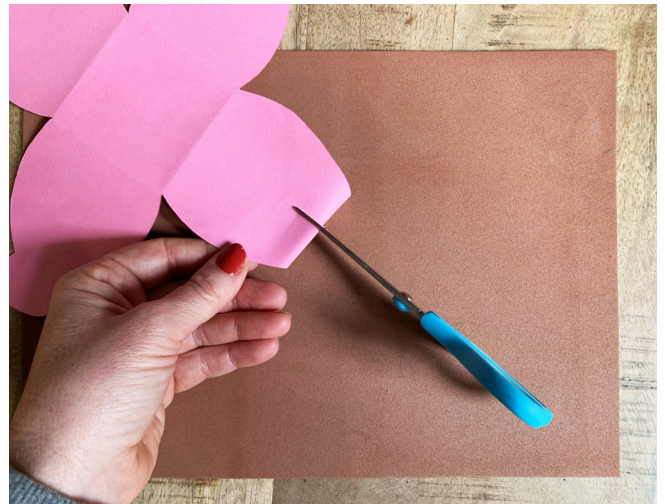
Some activities involve hunting for ingredients or objects for games you may have at home. Always check it is safe (ie. not climbing too high, looking in the wrong cupboard with breakable things). Please check with an adult before you use your Christmas dinner to make art! Some items in the playpack are small. Please supervise young children with craft activities.





1. WORKING AT THE DOCKS

LOOK AFTER YOUR PENNIES: MAKE A PURSE



WHAT YOU WILL NEED:

A4 template of the purse, brown foam, scissors.

1. Cut out the purse template. Remember to cut the slits both sides. Fold over the template so the slit is easier to cut.



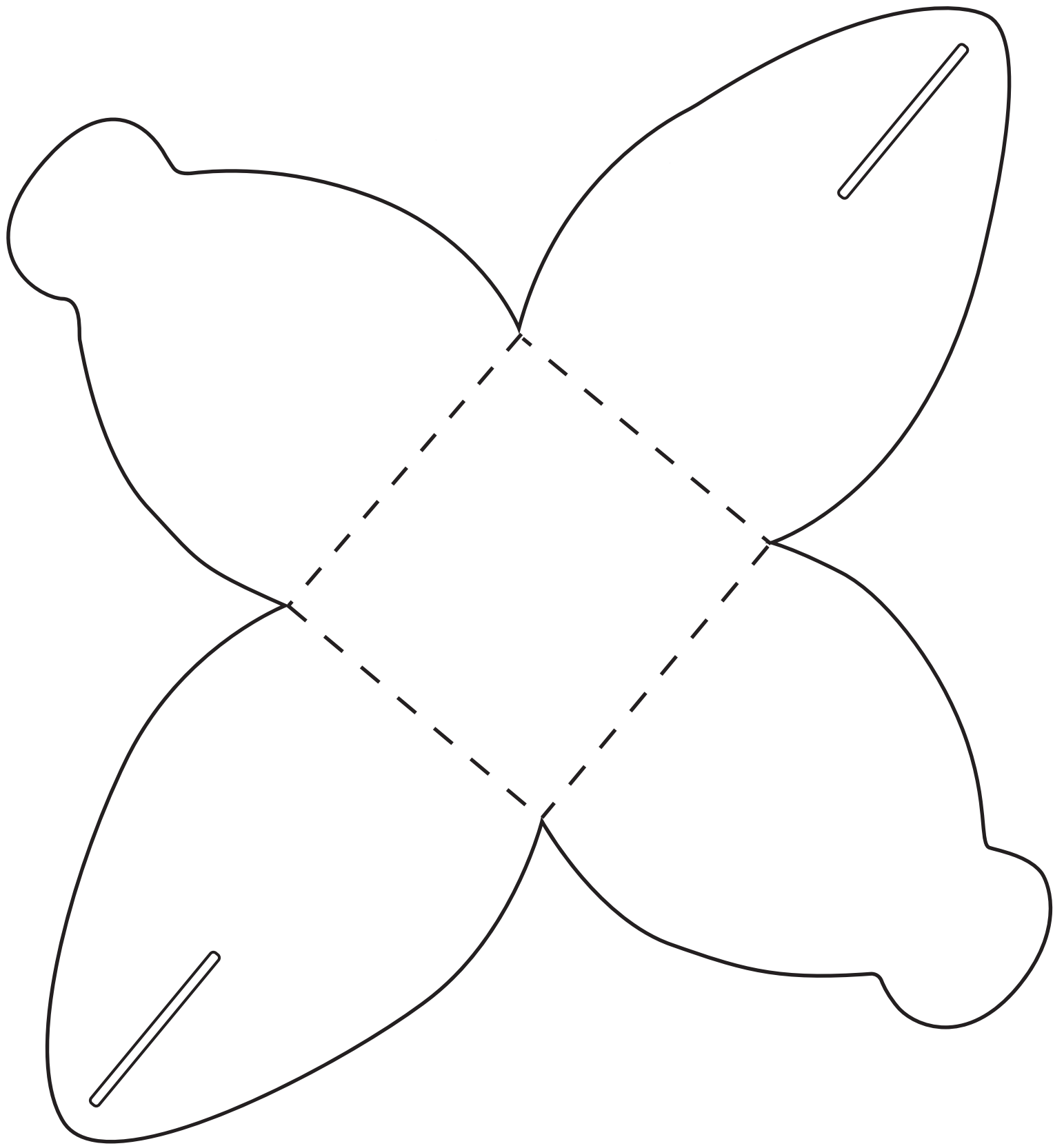
2. Place the purse template on brown foam. Draw around it and draw the slits on through the cuts you made. Cut out the template.

4. Fold to make your purse. Now you can collect your shillings in here as you earn them.



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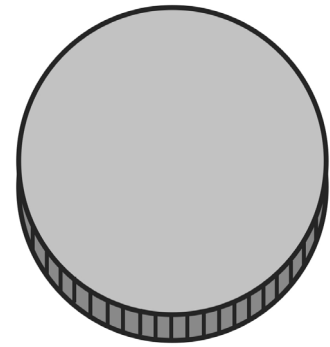


1. WORKING AT THE DOCKS

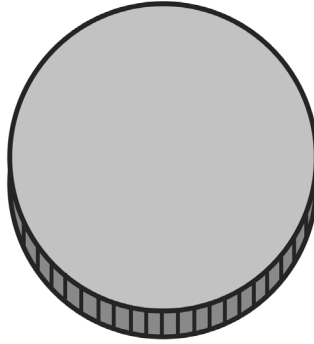
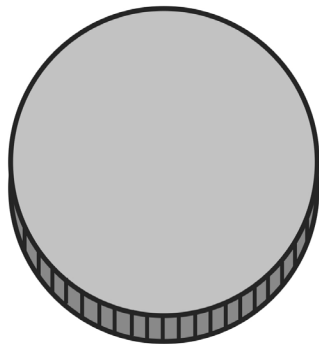
EARN YOUR SHILLINGS



1. Draw your own shilling design on the blank ones.



2. Cut out 5 shillings to earn on your family adventure. Pop one in your purse as you do each task.



3. Mini Christmas Pudding Shilling for 3. Post for a Ghost



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A VICTORIAN CHRISTMAS FAMILY ADVENTURE

1. WORKING AT THE DOCKS

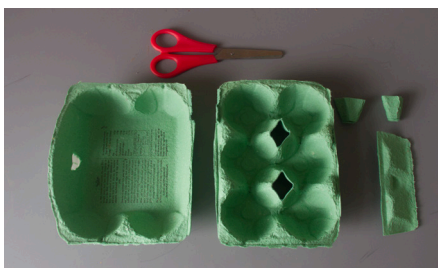
MAKE A VICTORIAN SHOP BOX



WHAT YOU WILL NEED: A cardboard box, the bigger the better. Scissors, tape, marker pen, pencil. Go hunting in your recycling box for paper, foil, toilet roll tubes, egg boxes, bubble wrap.

1. Draw and cut windows and door. To make it easier collapse the box to cut. Push a pencil through to make first hole then using scissors is easier. Use red paper to add some colour.

2. Make your shop a sign. Write straight on or make one on a separate piece of cardboard. It's nice for a shop to have a sign. What will you call it?



3. To make your shelf, cut the lid from an egg box. Cut off the "spikes" sticking up from the base and tape or glue it under your window.

4. Make little turkeys, Christmas puddings and potatoes to sell from your shelf.

5. Make it snow by adding cotton wool, bubble wrap or tissue paper to your shop.



A VICTORIAN CHRISTMAS FAMILY ADVENTURE

ADD LANTERNS



1. Cut a section of toilet roll tube, squash it flat one way, then the other way to make a square. Then cut out 4 sections and colour it in.



2. To make a top and bottom cut and glue a square card. Make a flame to put inside from a chocolate wrapper or tissue paper.

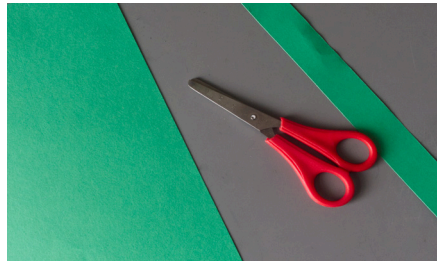


3. Glue or tape your lanterns to your shop. Draw in stands with a marker pen. Add a battery light if you have one.

ADD A WREATH FOR YOUR DOOR



1. Cut the rim from a mince pie or tart holder. Overlap the ends to make a circle and tape it together, making sure it is the right size for your door.



2. Cut a 15mm strip of paper, fold it in half lengthways then cut little slits all the way to make a fringe effect. Be mindful not to cut all the way through.



3. Wrap the fringe around the silver circle. Cut a bow from a scrap of paper and stick it on. Add other decoration.



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A VICTORIAN CHRISTMAS FAMILY ADVENTURE

2. BUSK FOR YOUR CHRISTMAS DINNER



WHAT YOU WILL NEED: A potato for your head. Go treasure hunting for fruit, vegetables and spices to "borrow" from the kitchen (ask for permission and say it can still be eaten afterwards).

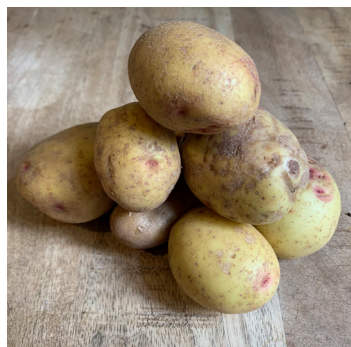
1. For Santa use red pepper and raw onion, or similar veggies and fruit to cut into shapes. Cloves are good for faces. Use ends of tooth picks to help you keep your potato head features in place.



2. You can also create elves with smaller potatoes. Take a photo before you delicately put back for future cooking!



BUSK AWAY!



What can you do with a pile of potatoes?

Pile them high? Juggle them?

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A VICTORIAN CHRISTMAS FAMILY ADVENTURE

3. POST FOR A GHOST

MAKE A SNOWFLAKE FOR YOUR CHRISTMAS PUDDING



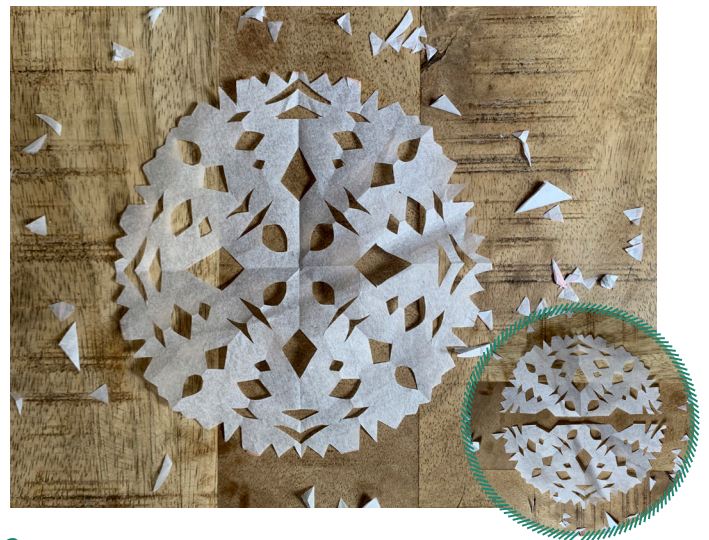
WHAT YOU WILL NEED: white tissue paper, scissors, pencil. Find a small bowl to draw around.



1. Draw around your bowl to make a circle and cut it out. Fold your circle 3 times.



2. Cut triangles, semi circles and other shapes into your snowflake. To make patterns in the middle, do one extra fold in your snowflake.



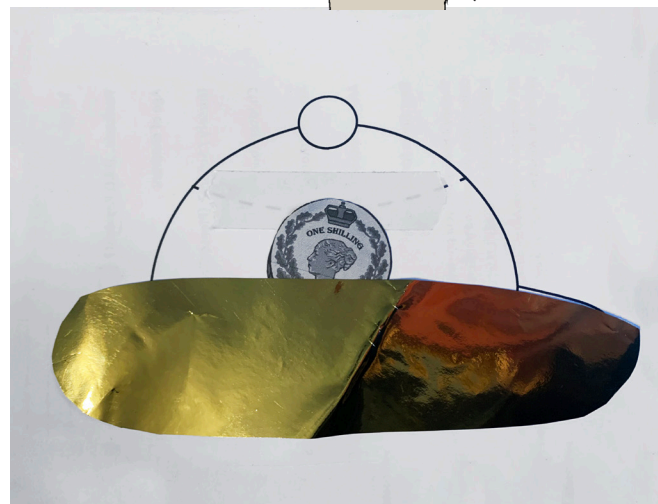
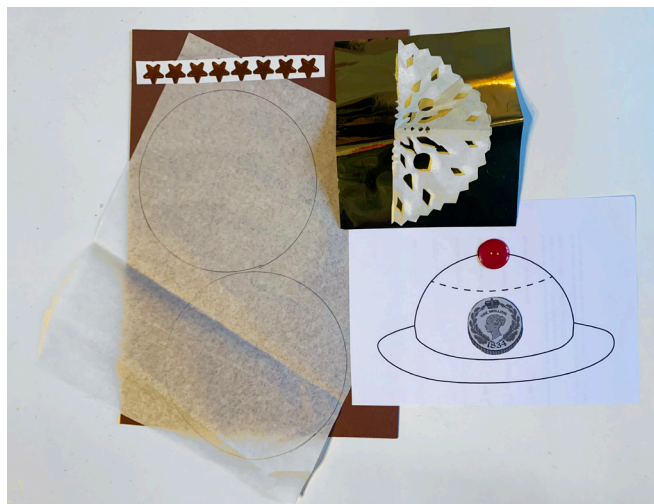
3. Open it up and cut it in half. $\frac{1}{2}$ for your Christmas Pudding Christmas Card (activity 3) and $\frac{1}{2}$ for Deck the Halls (activity 6).

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A VICTORIAN CHRISTMAS FAMILY ADVENTURE

3. POST FOR A GHOST

MAKE A CHRISTMAS PUDDING CHRISTMAS CARD



WHAT YOU WILL NEED: A4 Christmas pudding card to fold, pre cut shilling, ½ pre cut snowflake, brown foam, green felt, sticky tabs. A button, or a red paper circle for the cherry.

1. Place your shilling on your pudding. Cut out a gold plate and stick down with double sided tape (careful not to stick your shilling!). Put sticky tabs above your shilling.

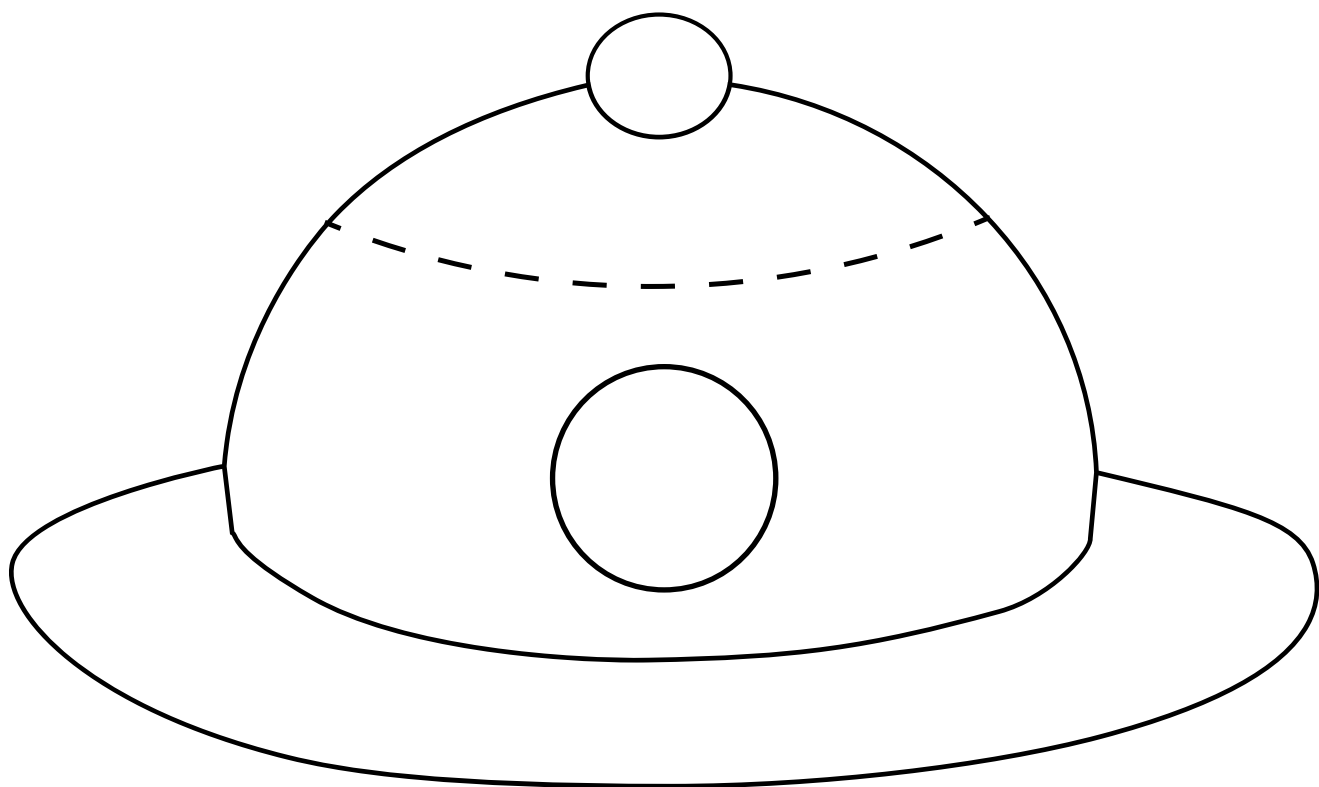


2. Cut out the pudding from brown foam and stick down on the prepared sticky tabs. You can now lift the bottom of your pudding to reveal your shilling as a secret gift. Stick half a cut out snowflake for your pudding topping.

3. Cut out two green felt holly leaves and stick these with the red button or paper to decorate the pudding. Add gold stars and some text as a message to someone for Christmas. Put in an envelope and post.

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A VICTORIAN CHRISTMAS FAMILY ADVENTURE

5. ONE LAST JOB FOR THE COOK

CAN YOU HELP COOK GATHER SOME INGREDIENTS TO FINISH ALL HER ORDERS BEFORE CHRISTMAS?

1. CAN YOU FIND 3 CHRISTMASY INGREDIENTS AROUND YOUR HOME?

>> Could be some spices such as nutmeg, cloves, cinnamon or star anise.

>> Could be some Winter vegetables for a Christmas dinner such as potatoes, brussel sprouts, parsnips or carrots.



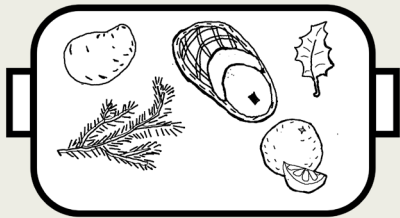
2. WHAT IS THE WEIRDEST INGREDIENT YOU CAN FIND IN YOUR CUPBOARDS?

We found some Old Men's Eyebrows at the Museum of London



3. HAVE YOU PLAYED OUR PARLOUR GAME: THE SMELLY MEMORY BURGLAR?

You can use the ingredients you found to help Cook for this game



YOU NEED: 6-20 objects you can find around your house, blindfold for each player, paper and pencil for each player

HOW TO PLAY: Hide your objects under a tea towel. Make sure you choose some smelly ones like different foods, spices, a smelly sock... Try to find weird and wonderful smells from all around your home. Blindfold your players and allow them to sit around in a circle.

1. SMELLY

Choose smelly objects and allow your player to take a whiff. Can they guess what it is?

2. MEMORY

Put all your objects in the middle of the circle of players. Allow them to remove their blindfold for 30 seconds - 1 minute. Cover the objects and then test player's memory by asking them to list everything, together as a group or individually with paper and pencil.

3. BURGLAR

Ask players to blindfold. Take away one object. Remove blindfolds and see who is first to guess what is missing.

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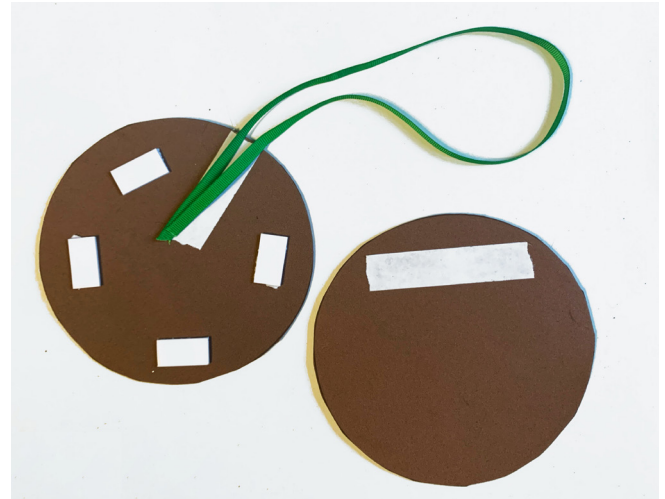
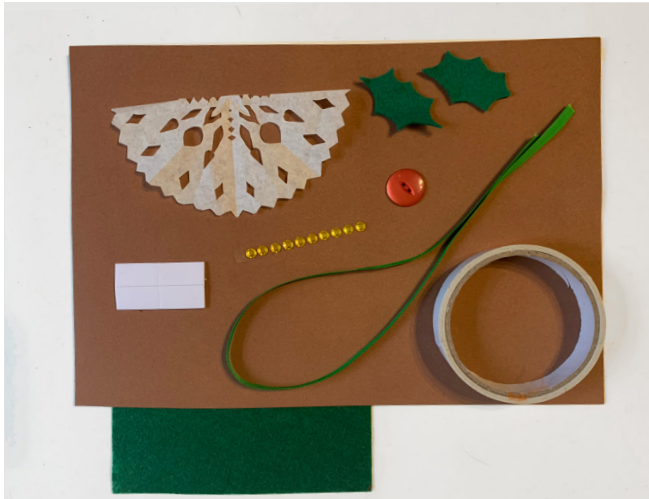
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A VICTORIAN CHRISTMAS FAMILY ADVENTURE

6. DECK THE HALLS

MAKE A CHRISTMAS PUDDING



1. Cut out two circles of brown foam. Place 5 sticky tabs around one piece of foam, including 1 for the hanging ribbon and attach it. Put 2 sticky foam tabs on the front of the 2nd foam.

WHAT YOU WILL NEED: brown foam, $\frac{1}{2}$ precut snowflake, green felt, sticky tabs, ribbon, gold gems. Can you find a button, or cut out a circle of red paper, for your cherry on top?



3. Hang it on your tree! You earned enough to purchase your Christmas Pudding, so let's celebrate!

2. Stick $\frac{1}{2}$ precut snowflake on the front (see 3. Post for a Ghost for how to make a snowflake). Cut 2 holly leaves from the green felt and find a button, or cut a red paper circle, to stick on for your cherry. Add gold sticky gems.

Share your creations with us:

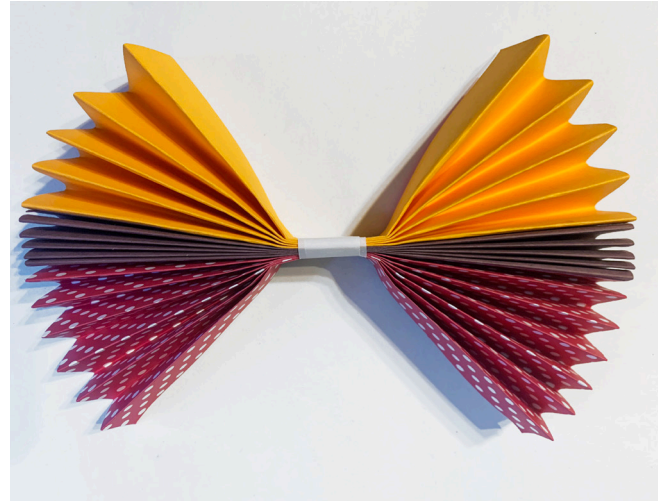
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6. DECK THE HALLS

MAKE A CHRISTMAS TURKEY



WHAT YOU WILL NEED: Red, orange and brown paper, sticky tabs, ribbon, red felt, gold paper, sticky gems. A small piece of any tape or a stapler.

1. Concertina fold all the paper. Use sticky tabs to stick them together and tape or staple the tail in the middle.



2. Stick the tail together at the top, with the ribbon in place with a sticky tab. Make a turkey head and body with foam, red felt, gold paper and sticky gems. Stick it to your fan tail with sticky tabs.

3. Hang it on your tree! You earned enough to purchase your turkey, so let's celebrate!



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*It's Christmas Time!
Calling all Dockworkers!
Extra work at the warehouse
Earn a few extra shillings for Christmas*

A VICTORIAN CHRISTMAS FAMILY ADVENTURE

by Tea Dance For Little People

Enjoy the story of A Victorian Christmas at Museum of London
Follow your story map and use your play pack to earn yourself a Christmas Turkey or Pudding

Your adventure begins here

WORKING AT THE DOCKS

1 Time to earn your family Christmas dinner! Turkey for the Table or a Pudding for your Party? It's tough working at the London Docks loading, packing and stacking it right!

You need a few extra shillings to put a turkey or pudding on the table. So...get back to work!

1834

Look after the pennies!



Make a Victorian Shop Box that sells Christmas goods

BUSK FOR YOUR CHRISTMAS DINNER

2 Song

1 potato, 2 potato 3 potato 4, 5 potato, 6 potato 7 potato more pop it in the pot, cook it 'til its hot hope it's gonna be enough..... it's all that we've got

Price	
1x	= 1x
1x	= 5x

How will you busk?

6 **DECK THE HALLS!**

You have earned yourself a Turkey or Pudding! Let's celebrate! Deck your halls with a Turkey and Pudding decoration

5 **ONE LAST JOB FOR THE COOK**

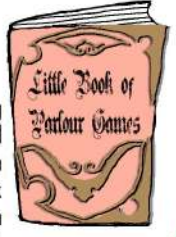
The Cook is in a Turkey flap with all these birds to stuff and puddings to spice! Can you help Cook find some Christmasy ingredients?

GHOST POST

OOOOOOOoooooo
You got to give to others
Oooooo
If take is all you ever
Do oo oo
A Ghost like us you'll end up
To oo oo

3 Who will you send a Christmas card to this year? Decorate your Christmas pudding card and give or send to someone with a message.

4 Bring your singing voice, dancing body and a few objects from around your home to play these games in your Parlour. Fill up your little book with your own ideas and try them out on your family.



What is Chanukah?

Chanukah is the Jewish eight-day, wintertime “festival of lights,” celebrated with a nightly menorah lighting, special prayers and fried foods.



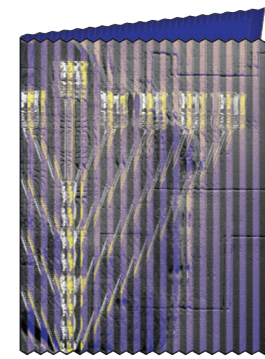
In the second century BCE, Israel was ruled by the Seleucids (Syrian-Greeks), who banned Judaism and tried to force the people of Israel to accept Greek culture and beliefs. Against all odds, a small band of faithful but poorly armed Jews, led by Judah the Maccabee, defeated one of the mightiest armies on earth. They drove the Greeks from the land, reclaimed the Holy Temple in Jerusalem, and saved Jewish ethnicity, culture and religion from being lost to history.



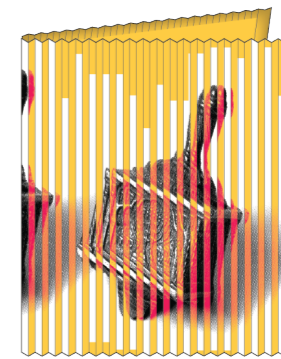
Bowl Fragments with Menorah, Shofar, and Torah Ark. Date: 300–350. Public domain image courtesy of The Met Fifth Avenue and Rogers Fund, 1918. Illustration of Relief from the Arch of Titus Rome (Roman soldiers carrying the golden menorah).

Pleated Chanukah Cards Project

(A step-by-step instruction guide)

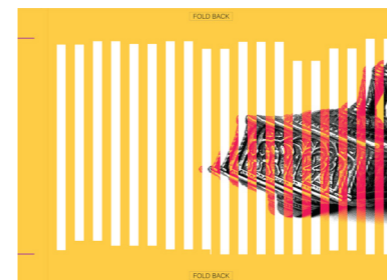


MENORAH CARD



DREIDEL CARD

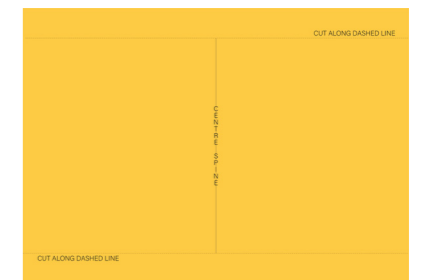
PIECES:



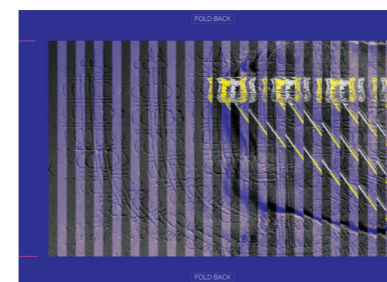
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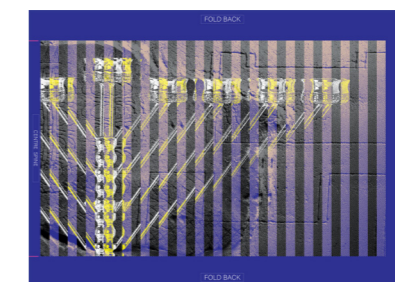
2



3



4



5




6

- 1 Dreidel Card Shell (Back)
- 2 Dreidel Card Shell (Front)
- 3 Dreidel Card Lining
- 4 Menorah Card Shell (Back)
- 5 Menorah Card Shell (Front)
- 6 Menorah Card Lining

Artwork and project designed by Nicole Zisman for the Barbican

STEP 1: Fold the top and bottom tabs.

-Start by folding the top and bottom tabs **UNDERNEATH THE FRONT**, so the **FOLD BACK** texts are visible when you turn the paper backside up. Use the  marks to help you.

STEP 2: Pleat the card front

-Fold the tab labelled '*Centre Spine*' **UNDERNEATH THE FRONT**, along the line where the image begins, so that the **CENTRE SPINE** text is visible when you turn the paper backside up.

-Begin folding **along the lines where the colour strips meet the black and white strips**, folding up and down as if making a paper fan. Use the guide marks on the blank side of the artwork to help make the folds on the back. It is important that the folds hit these lines.

-When you make your last fold between the final black and white strip and the empty strip, the empty strip should be folded down to face the back (just like the **CENTRE SPINE** tab.)

STEP 3: Pleat the card back

-Repeat Steps 1 and 2 for pleating the card back, so you end up with two separate pleated pieces.

STEP 4: Glue the centre spines together

-Carefully glue both **CENTRE SPINE** tabs together with Pritt glue or white craft glue. The outer shell of the card is now finished.

STEP 5: Fold over, or cut off the top and bottom tabs on the lining piece along the dashed line. Fold the piece in half inwards along the centre spine.

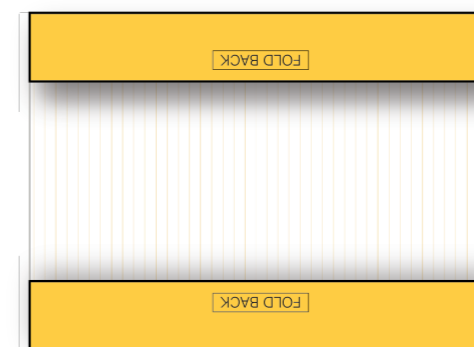
STEP 6: Write your holiday message to your friends and family (on the lining piece!)

-Leave a little bit of space on the right and left edges of the card, about two fingers' width.

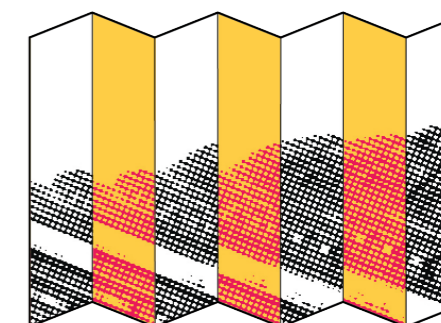
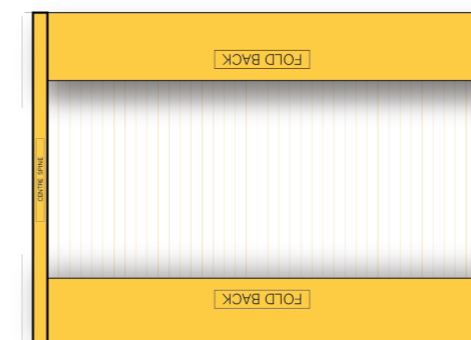
STEP 7: Glue the outer shells to the card lining to finish your card!

-Place the lining piece in front of the pleated outer shell so that the centre spines line up. Tuck the folded blank edges of the pleated outer piece over the clean edges of the lining piece. Carefully glue the folded outer edges to the lining. Repeat process for Menorah card.

1:



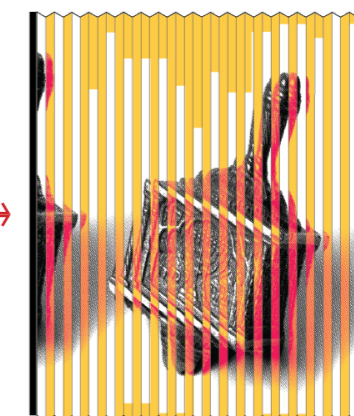
2:



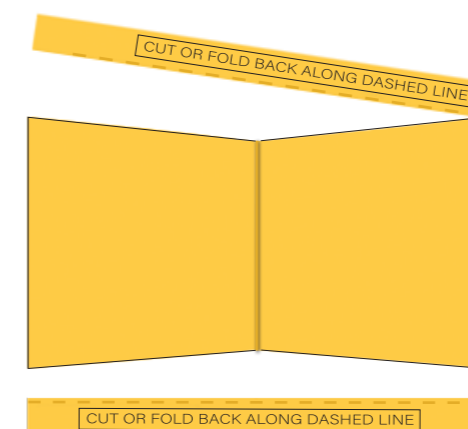
3-4:



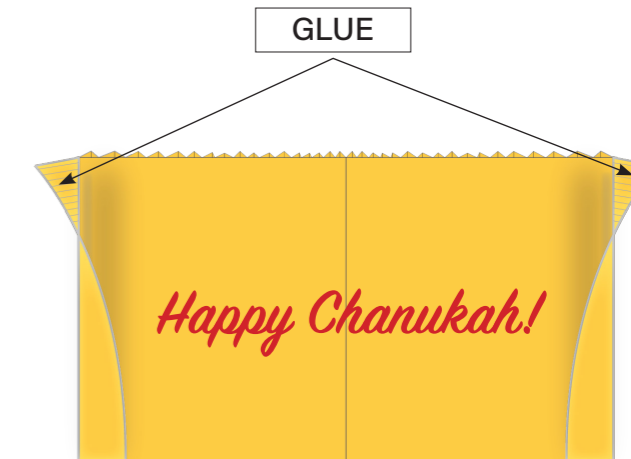
CENTRE SPINES



5-6:



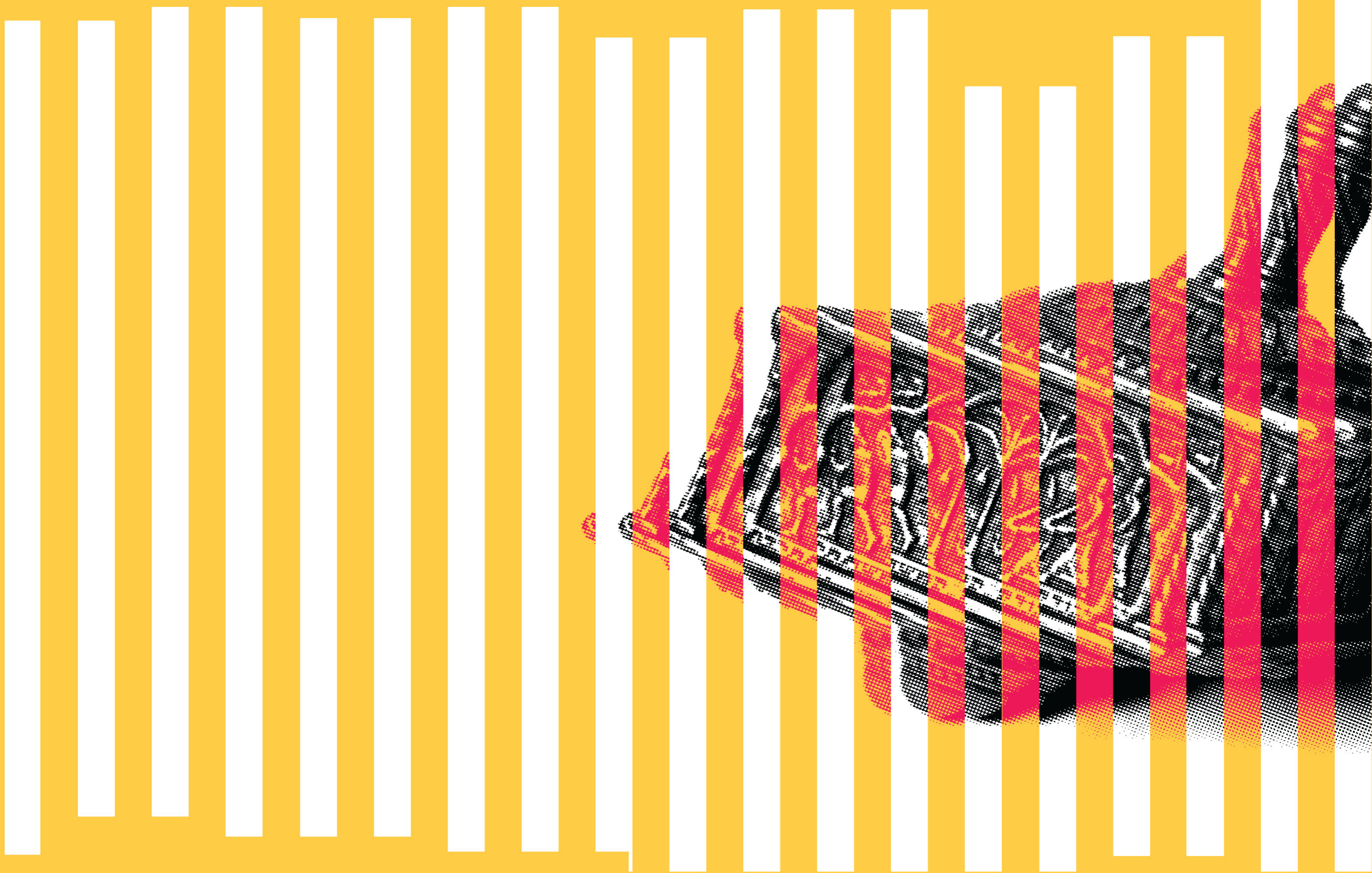
GLUE



CUT OR FOLD BACK ALONG DASHED LINE

CUT OR FOLD BACK ALONG DASHED LINE

FOLD BACK



CENTRE SPINE

FOLD BACK

FOLD BACK

CENTRE SPINE

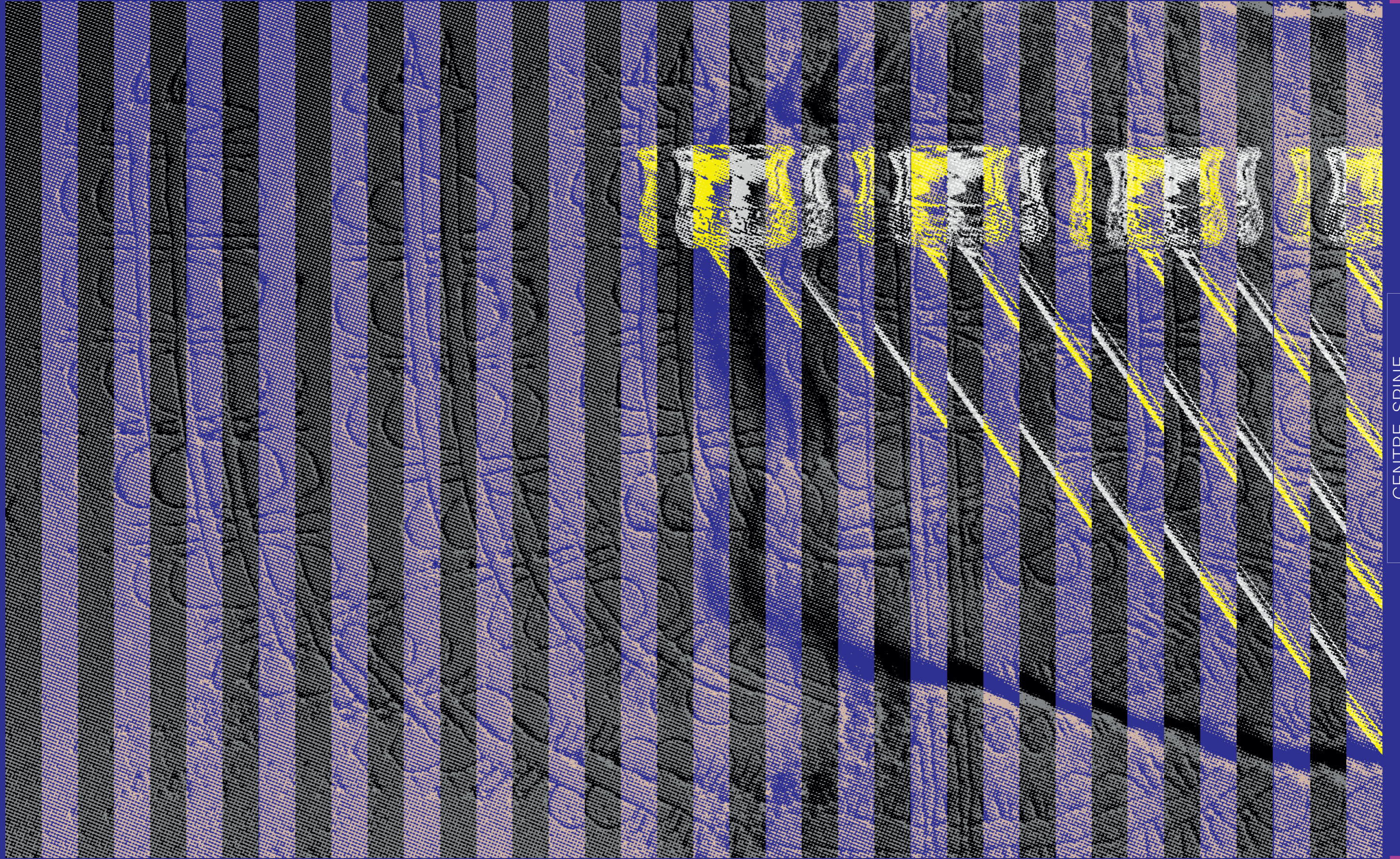


FOLD BACK

CUT OR FOLD BACK ALONG DASHED LINE

CUT OR FOLD BACK ALONG DASHED LINE

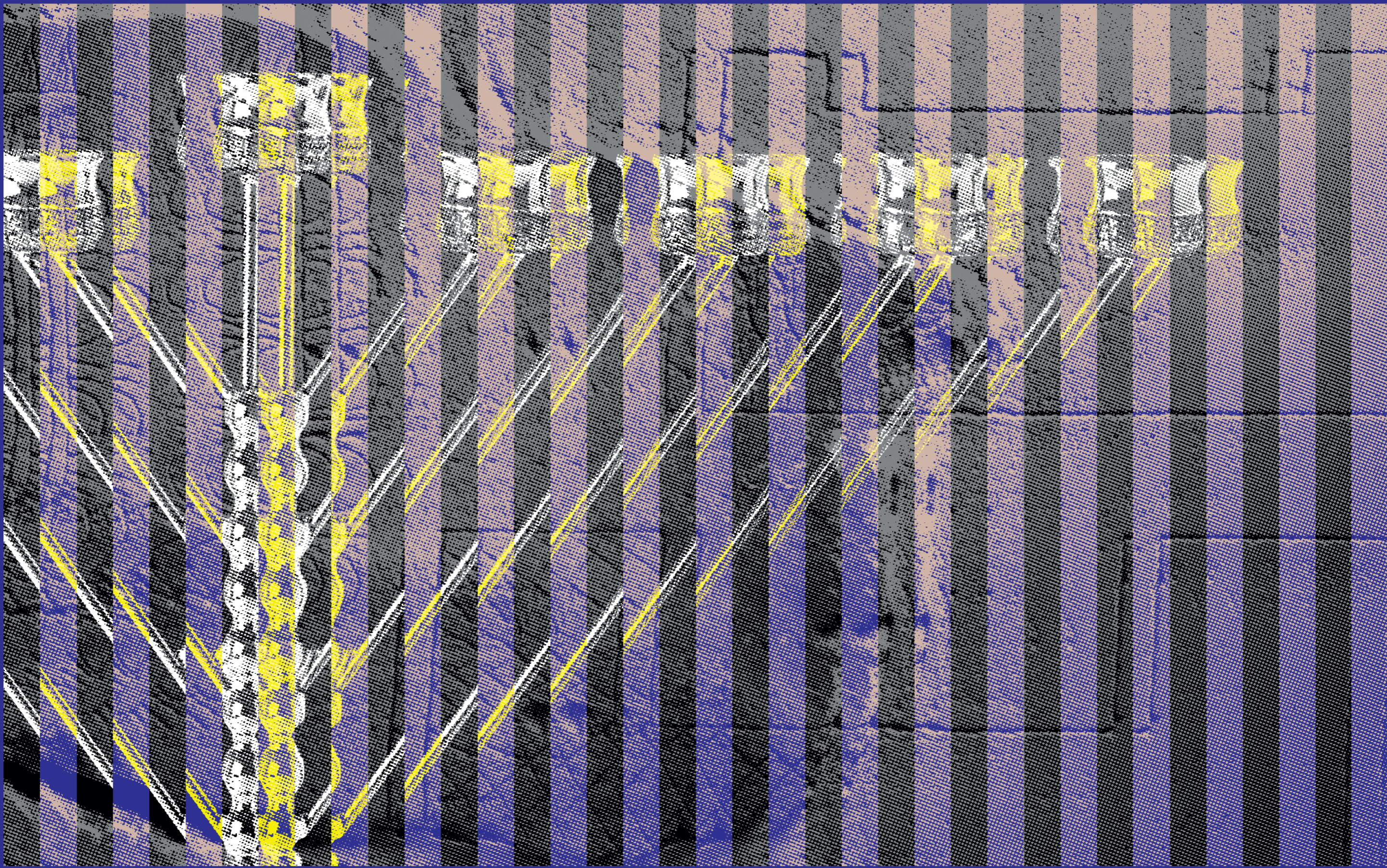
FOLD BACK



CENTRE SPINE

FOLD BACK

FOLD BACK



CENTRE SPINE

FOLD BACK

