

## Create Your Own Story Walk!

In this activity you will become a storyteller and make your own story walk!

London is filled with stories. Stories of the river, the streets, the buildings and people that make up this wonderful city.

I'm Olivia - a storyteller. I take people on story walks — telling them the stories of what we pass as we walk around London. I use bits of history and magical tales that people have told about the city. For example, in one story the city streets were actually paved in gold!

Why not make a story walk to tell the stories of where you live?

Use the back of this paper to sketch your route, make drawings and notes.

Take a along too, if you like!

## Plan your route



- First, choose where you'd like your story walk to happen. On your street? In the park?
  - Choose somewhere easy for you to get to, somewhere you know well.
- Head out to the place your story walk is set and look around you. What can you see?
- Scribble down or draw anything that catches your eye. Note any unusual buildings, interesting landmarks, curious plants or everyday street furniture (like lampposts, railings, traffic lights).
- Look for things that others might not notice.
   This will help make your walk really special!

## **Create your story**



- Back at home, using your notes, write descriptions of what you saw. Can you make them sound exciting, frightening or even magical? Try them all out!
- Think about the story you want to tell. As a storyteller, your story can be a mix of fact and fiction, truth and lies. It's up to you!



Once you start looking, you find interesting things everywhere! This is a sign on a bridge across a river near where I live. It says it was first built in 1652 and rebuilt in 1992. Why did the bridge have to be rebuilt? On a story walk you can find out the real reason, or make up your own!

Be imaginative!
Remember - stories
don't have to be true!

## Play these storytelling games to inspire you!

## For a made-up story, try...

- The What If Game Fire your imagination by using 'what if...?' as a prompt for story ideas. Here is one example, but you can come up with hundreds of your own... what if your local shop-keeper kept a dragon hidden in the store room...?
- Questions Questions Write down question words (How, What, When, Where, Who, Why) and use these to create new ideas for your story. For example, where does that river end? What makes that weird noise at night – is it really foxes, or could it be something else...?
- Cut-Ups Cut out interesting nouns (naming words) from an old newspaper or magazine. Put them in a bowl and pull out one at random. Use this word to take your story in a new direction!

You can draw a speech bubble and write down things characters might have said!

You can research real people, or invent your own characters who *may* have lived nearby. Make them weird and wonderful!

Don't forget to give them a great name!

## For a true story, try...

- Memory Lane What memories do you have of your story location? Why not include these in your story walk!
  Remember to ask older people for their memories, too. They might have a brilliant story to tell. (I read that a flying saucer once flew over my street, although I've never seen it!)
  - ❖ Great & Good Did someone famous live in your town or nearby? Who were they? What did they do? Find out about them and put them in your story. (Remember grown-ups might be able to help!) Here are a few ideas to start you off...



Powerful warrior queen **Boudica** led her army through Waltham Forest, on the way to do battle in London.



Alfred Hitchcock, a world-famous film director, was born above a shop in Leytonstone High Road. Mosaics of scenes from his films can be seen at Leytonstone Station.



Every neighbourhood has a **ghost**. For example, at St Mary's Church Walthamstow, not so long-ago, children would put 10p on one of the tombstones and dance around it, hoping to conjure up a ghost. Spooky!

## ...or you can mix and match!

## **Practice your story**

- Now you have all the parts of your story! Why not draw out your map again, marking on it the things you want to include?
- Read over your story. Make your voice big and exciting, or soft and scary in places.

## Take your story to the streets!

• Gather your friends and family and take them on your story walk. Or dim the lights and tell the story from the comfort of your sofa. Get everyone joining in by asking them to make sound effects or act out parts of your story.

## Congratulations! You have made your own story walk!

Created and written by storyteller Olivia Armstrong (www.oliviaarmstrongstoryteller.com)

## FINGER DANCE



PELL | ENSEMBLE
WITH MIRA LOEW



Go on an *imaginary journey* through your home.

Use your fingers and hands as the main characters of this

It can be an everyday story you tell. Or a wild fantastic adventure.

Maybe it's outdoor. It could be *magical*.

adventure.

Your plants could be a *forest*. You bookshelf a *cityscape*. Your bed a soft vast *landscape*. Your sink a *swimming pool*.

Apply the general rules of gravity that keep us earthbound. Your fingers can *walk, run, jump, dance...* 

Your fingers and hands can represent humans. They can be their own weird creatures. Or anything beyond and in between.

Your fingers can dance with other fingers.

## AFTER YOUR ADVENTURE...

★ Option 1: WRITE:
Create a 5 line short story or poem that
describes the journey your hand took.

### ★ Option 2: PHOTO OR VIDEO:

Create a set of photos and/ or a video that is 1 minute or less

Your phone can be your camera team. You can go as small and close as you want.

UP TO YOU

We invite you post it on social media tagging

@pell\_ensmble @miraloew @barciancentre #leytonstonelovesfilm #fingerdance.

★ Option 3: DRAW:

SAMPLE VIDEO

Choose a 'scene' from your walk

Draw this including your hand placed in the 'scene'

# Flame Filb

Take five sheets of thin stiff A5 paper

Number them in the corner from 1 to 5

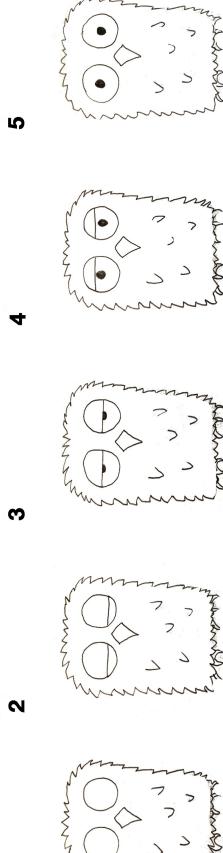
Draw a picture on the first sheet

Put the next sheet of paper over the first and trace over the drawing, changing it just a little bit - it might help if you held the paper up against a window or light box (if you have one) to help see through the paper

Do the same with the remaining sheets of paper, changing each drawing just a bit each time

If you want to why not colour in your animation

When you've finished put your papers in order and then  $\mathbb{R}$  them to bring the drawings to life



## WHAT YOU NEED:

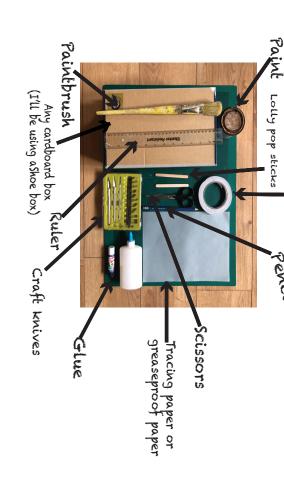
Double sided Tape

Black

## HOW TO MAKE YOUR

# Pencil OWN SHADOW THEATRE

## STEP ONE





around with a craft knife. of all the sides of the box then draw a line and cut out Mearsure 1cm from the edge

## STEP FOUR

STEP THREE



If the tracing paper over laps the box trim around the edges.



a character and sandwich stick with double sided the tip of the tolly pop Create two sides of leave to dry. your puppet black and tape. Paint both sides of

## STEP TWO



hold any detachable sides of the box. Stick tracing paper onto the surfaces of the box's new frame. Use doublesided tape to

## 



and ..... HAVE FUN !!!!!!! source behind your screen Position a lamp or light



**LEYTONSTONE LOVES FILM** 

### **Shadow Play**





Magical Bird Puppet

Peri Banu

Create your own shadow play story using silhouette puppets. The bird character is from Lotte Reiniger's 1926 animation, *The Adventures of Prince Achmed*. In the story, Princess Peri Banu magically transforms into the fantastical bird.

## **Cut-Out Bird Puppet**

Instructions:
Glue the bird template onto thin card
Cut out the parts
Make holes where indicated
Attach parts using split pins

Make a shadow world background with translucent materials on tracing paper. Display on 1) a window 2) on backlit fabric or 3) a lightbox on a table top. Add sticks to move your puppet or attach with Blu Tack.





Create your own puppets! Tip- when making silhouette characters, it's best to draw them in side profile and to add lots of details on the outside.



Direct your own shadow play stop-motion animation! Download a free animation app such as Stop Motion Studio onto your phone or tablet. Simply move your puppets a tiny bit... hands out... take a picture! Repeat, keep repeating & watch your story magically come to life. LIGHTS... CAMERA... ACTION!

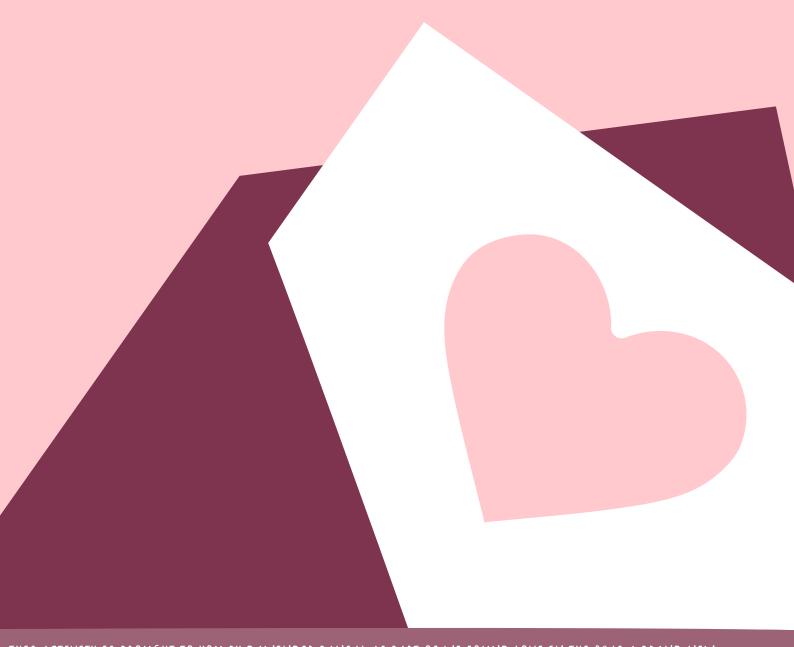








## LOVE LETTERS TO OUR COMMUNITY



THIS ACTIVITY IS BROUGHT TO YOU BY DAWINDER BANSAL AS PART OF WE FOUND LOVE IN THE 80'S A BRAND NEW PHOTOGRAPHIC ARCHIVE AND FILM PROJECT CELEBRATING THE HIDDEN LOVE STORIES OF COUPLES WHO FELL IN LOVE 40 YEARS AGO. FIND OUT MORE AND TAKE PART BY VISITING: WWW.WEFOUNDLOVEINTHE80S.COM

DEAR FRIENDS.

MY NAME IS DAWINDER BANSAL AND I'D VERY MUCH LIKE TO INVITE YOU TO JOIN ME IN WRITING A LOVE LETTER TO A COMPLETE STRANGER IN OUR BOROUGH. DURING LOCKDOWN SOME PEOPLE HAVE NOT BEEN LUCKY ENOUGH TO HAVE FRIENDS OR FAMILY AROUND THEM AND HAVE FELT LONELY AND SCARED. WE WANT THESE PEOPLE TO KNOW THEY ARE VALUED AND ARE NOT ALONE. THIS IS WHY WE WANT YOUR HELP TO WRITE LETTERS OF LOVE AND HOPE TO ISOLATED PEOPLE IN OUR BOROUGH TO MAKE THEM FEEL SPECIAL, CONNECTED AND TO LET THEM KNOW WE ARE THINKING OF THEM.

ONCE WE RECEIVE YOUR BEAUTIFUL LETTERS, WE WILL DISTRIBUTE THEM TO PEOPLE LIVING IN WALTHAM FOREST. ESPECIALLY THOSE WHO NEED WORDS OF LOVE AND HOPE IN THEIR LIVES. SENDING SOMEONE A PERSONAL LETTER OF LOVE AND HOPE, HAPPINESS AND HUMOUR COULD REALLY MAKE THEIR DAY. JOIN ME IN WRITING A LETTER OR MAKE A DRAWING TO ONE OF THE BOROUGH'S RESIDENTS...HERE'S HOW TO TAKE PART AND SOME IDEAS FOR WRITING YOUR LETTER.

STAGE 1 — MAKE YOUR LETTER TEMPLATE

1. BEGIN MAKING YOUR LETTER USING A SHEET OF PAPER (PLEASE MAKE YOUR LETTERS NO LONGER THAN TWO A4 PAGES (SINGLE SIDE) OR ONE A4 (DOUBLE SIDED)

2. DESIGN AND DRAW A COLOURFUL PATTERN AROUND THE EDGES OF THE PAPER TO MAKE A BORDER FOR YOUR LETTER.

STAGE 2 - WRITE YOUR LETTER

1. TAKE A SCRAP PIECE OF PAPER

2. BEGIN DRAFTING YOUR LETTER, EXPLORING THE THEMES OF LOVE, KINDNESS, HOPE AND COMMUNITY IN YOUR LETTER.

HERE ARE SOME IDEAS TO INSPIRE YOU ABOUT WHAT YOU COULD WRITE / DRAW. MAYBE TELL THEM WHAT YOU HAVE DONE TODAY. SHARE HOW YOU HAVE BEEN KEEPING OCCUPIED DURING THE LAST FEW MONTHS. WHAT NEW THINGS YOU HAVE LEARNED? WHAT THINGS MAKE YOU FEEL HAPPY OR SMILE, YOUR FAVOURITE SONG LYRICS OR DANCE MOVE. YOU COULD ALSO SEND THEM A COLOURFUL DRAWING THAT YOU'VE MADE OR EVEN A WRITE A RECIPE FOR SOMETHING YOU LOVE TO EAT. YOU MIGHT WANT TO SHARE A FUNNY JOKE OR A DRAW A CHARACTER OF A STORY TO LOVE TO TELL OR HEAR. EVERYTHING THAT SHOWS CARE AND KINDNESS IS ALLOWED.

STAGE 3 - FINALISE YOUR LETTER ON YOUR TEMPLATE

1. AFTER YOU HAVE WRITTEN OUT YOUR LETTER ON SCAP PAPER AND ARE HAPPY WITH IT. YOU CAN NOW BEGIN MAKING YOUR FINAL LETTER TO SEND TO US.

2. START YOUR LETTER WITH 'DEAR FRIEND'

3. END YOUR LETTER WITH 'LOTS OF LOVE' AND SIGN WITH YOUR FIRST NAME AND AGE.

YOU CAN SEND YOUR LETTER TO THE FOLLOWING ADDRESS: STORYTELLING PLAY PACK C/O BEYOND BARBICAN BARBICAN CENTRE SILK STREET, LONDON, EC2Y 8DS

THANK YOU SO MUCH FOR TAKING PART IN THIS ACTIVITY, WE KNOW YOUR LETTER WILL BRIGHTEN UP SOMEONE'S DAY.

LOTS OF LOVE,

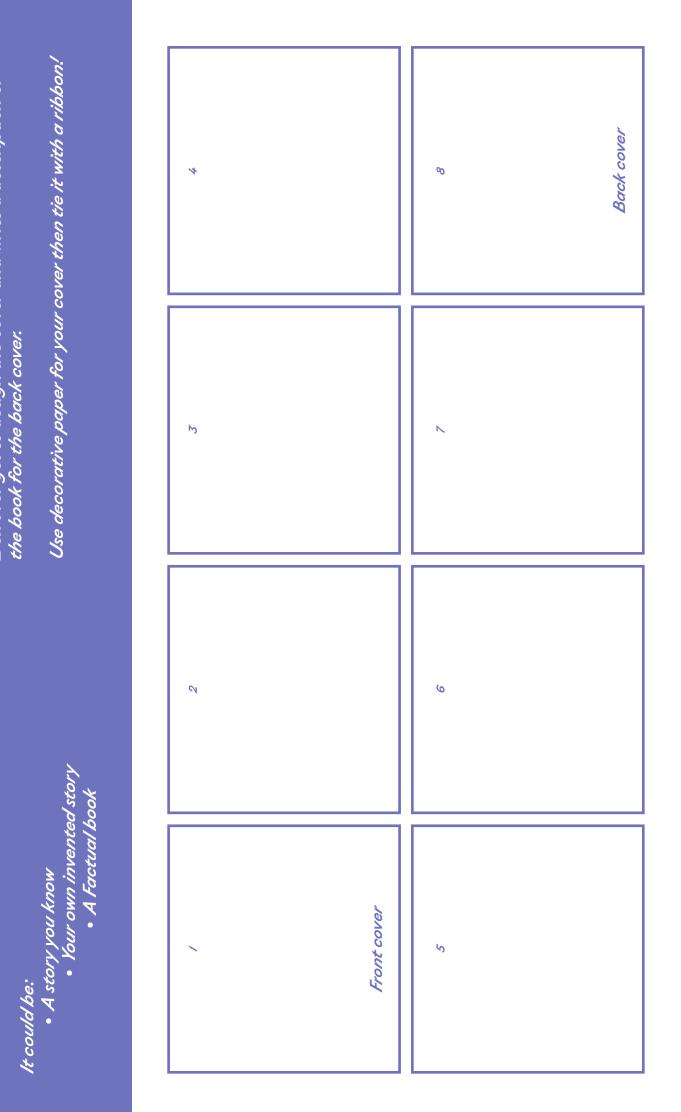
DAWINDER X

## Make a Book!

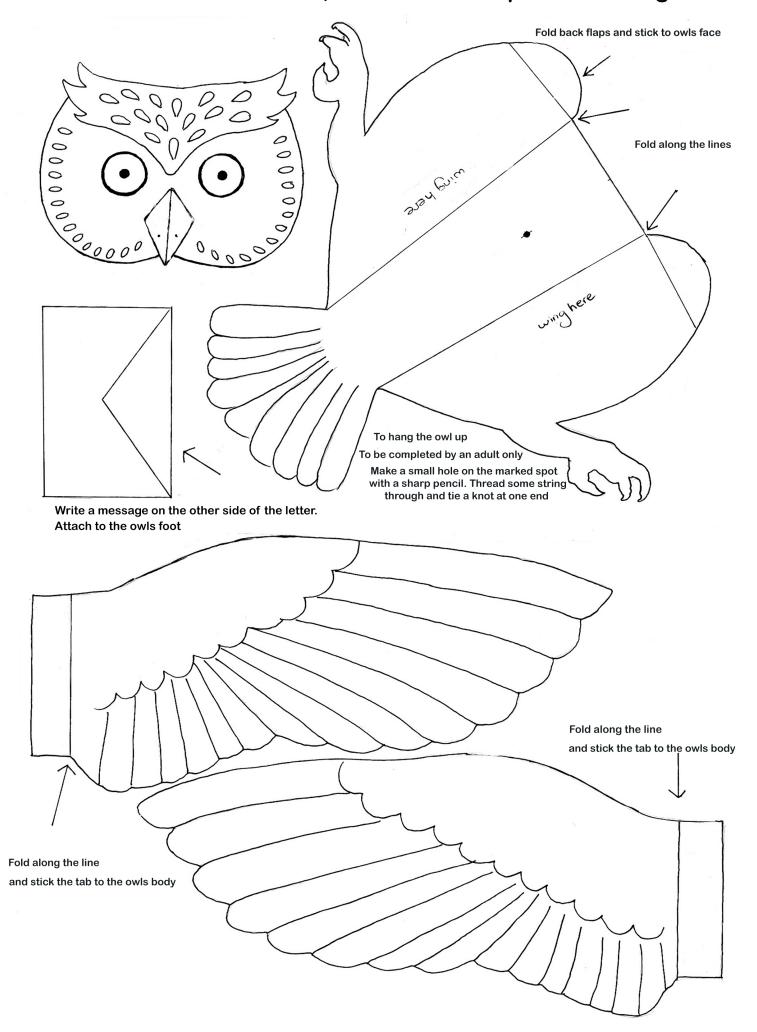
Design the book on the story board

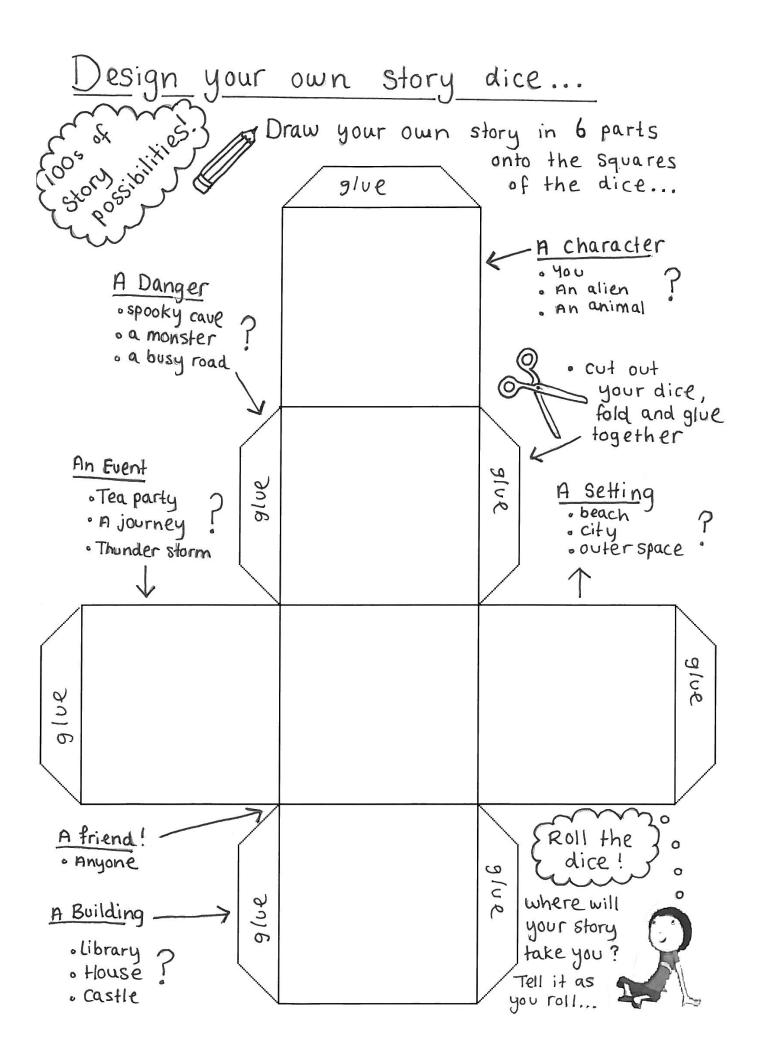
Don't for get to design the cover and write a description of the book for the back cover.

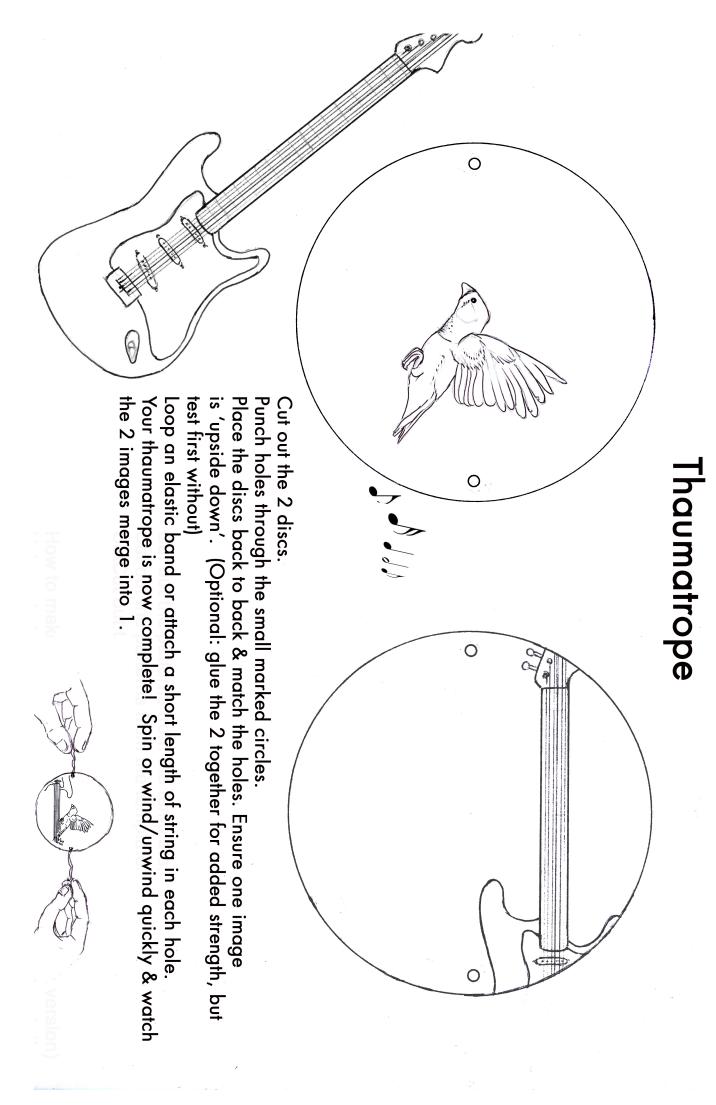
Use decorative paper for your cover then tie it with a ribbon!



## Cut out and colour an owl, then deliver a special message







## BSL Activity Sheet Learn the signs linked to Fire Safety



Learn these signs with Frances the Firefly to help you communicate in an emergency.

Fill in the missing letters once you've practiced the sign in the box on the left



BE SAFE

BE A E



DANGER



LOOK

L K

D\_NG\_R



Scan this code on your phone and watch 'Frances the Firefly on YouTube in British Sign Language, video contains voice over and subtitles.