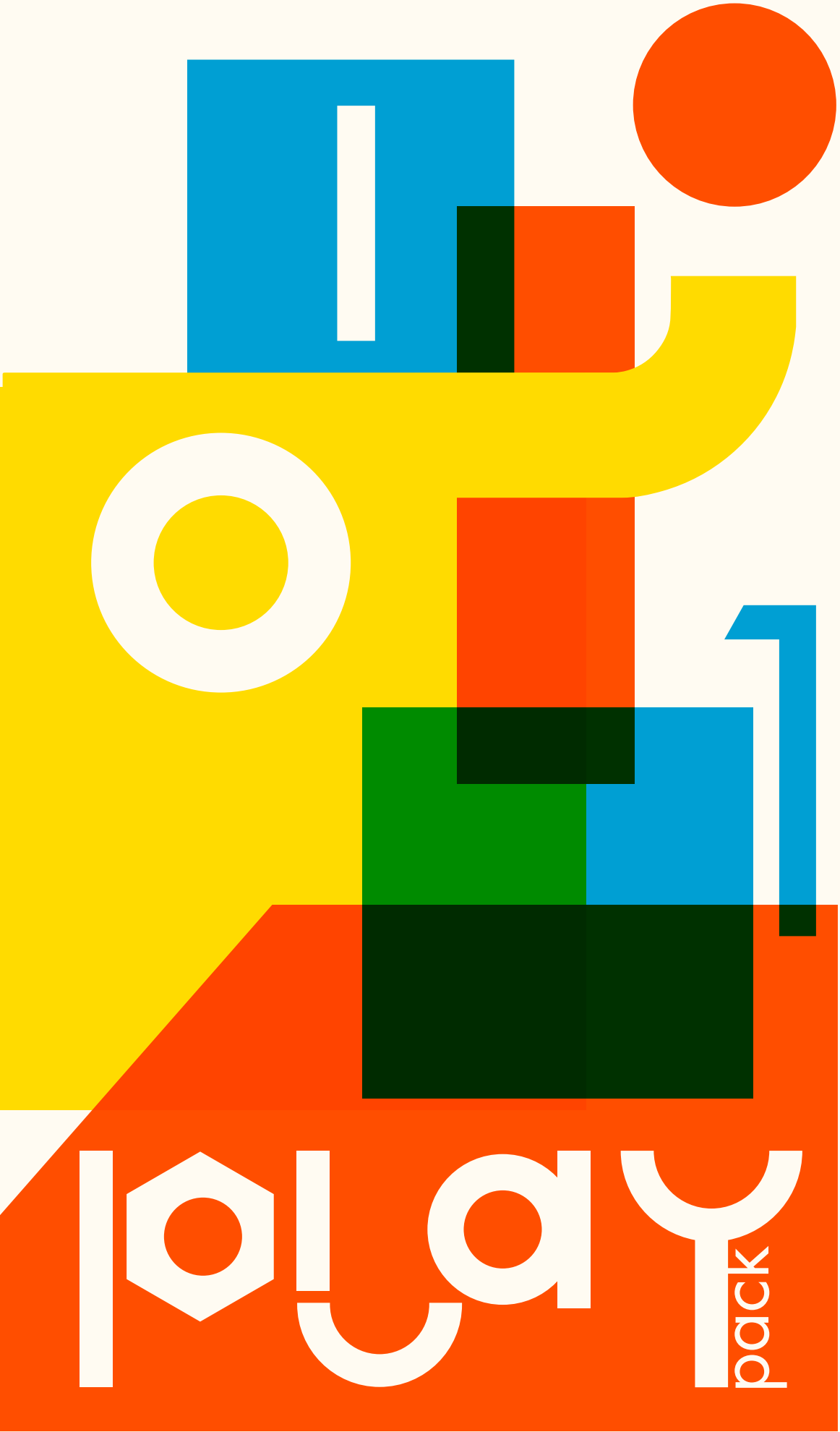


back to school



# ***Make a Tower of London den at home***

It may not be possible to visit your favourite London landmark at the moment or the places that you enjoy but with a little imagination and everyone joining in you can recreate it at home instead!

Making is a fantastic way to keep your mind busy and creative. It can help you become a good problem solver too!

## ***Materials***

Two chairs or a table for your supporting structure

A sheet or blanket for the roof weighted down with cushions or tins

A broom for a flag pole, paper or cloth for a flag

Cardboard or a book for a drawbridge

Transform a shoe into a raven!

Snacks and a good book to read when inside your 'Tower'



two cardboard panels decorated with arched windows help to reinforce the shape of the castle and simply lean against the chairs, they also double up quite nicely as a drawbridge



tinned tomato turrets help to keep your blank or sheet in place



broomstick flag pole and paper flag



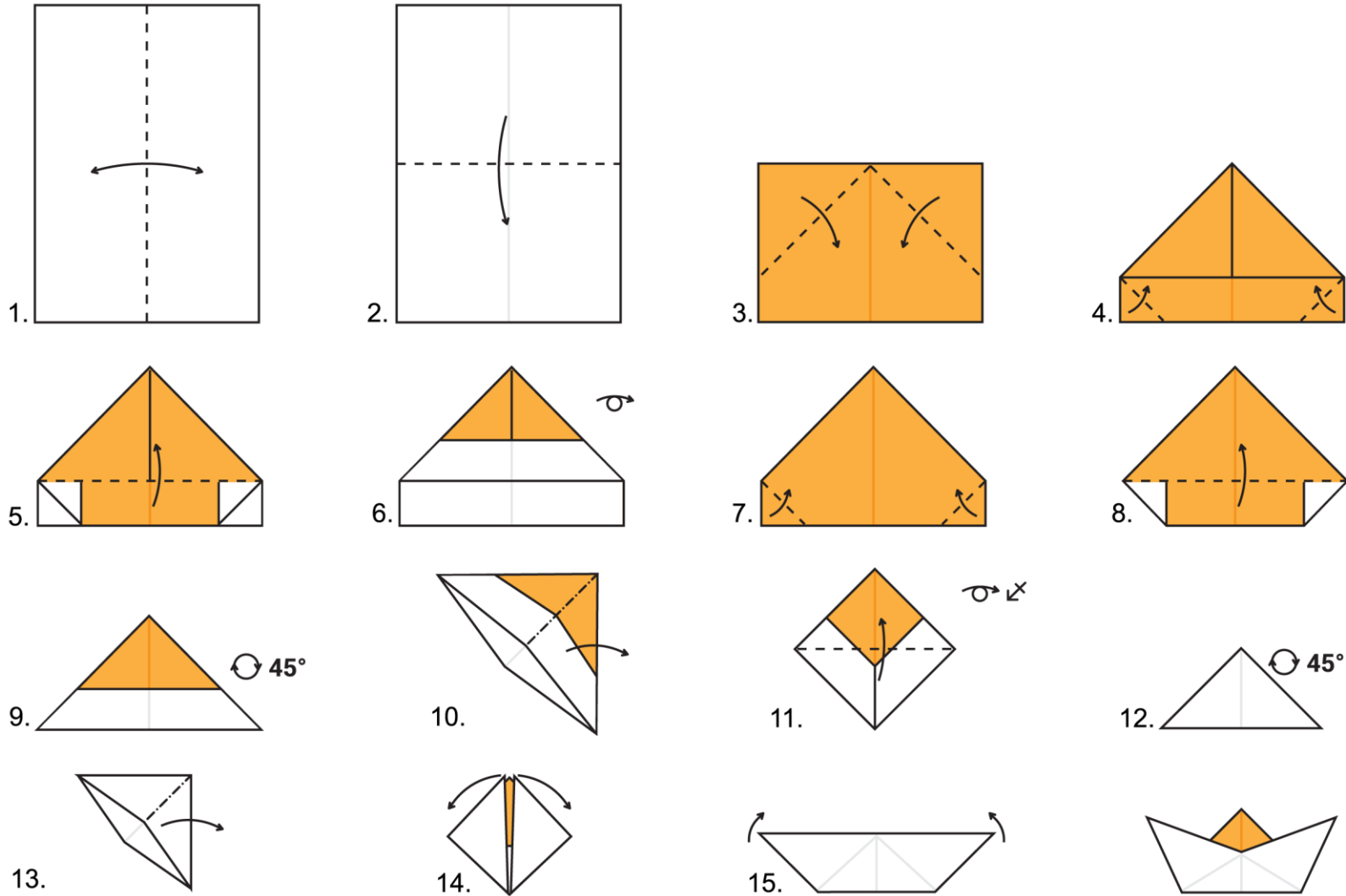
tape on a beak, feet, eye and tail to transform a black shoe into a RAVEN





# Classic Boat

Thousands of boats pass under Tower Bridge each year. Follow these instructions to make your own origami boat to sail under our model of Tower Bridge.



**Key**

- Valley fold
- Mountain fold
- Fold
- ↔ Fold & unfold
- ↶ Fold behind
- ↷ Turn over
- ↻ Repeat step
- ⌚ Rotate







## Take your chalk for a walk

Chalk is great stuff. You can use it on paper or you can draw on the street and the pavement with it. It washes away in the rain. It wears away when people walk on it. So it's fine to use it on the pavement or on the steps outside your flats.

Here are some things that children have been doing with chalk when they go on walks with their families.

- ❖ Drawing pictures
- ❖ Leaving messages for friends
- ❖ Thanking the bin men for taking away the rubbish
- ❖ Drawing hopscotch so they can play games
- ❖ Leaving messages for whoever sees them
- ❖ Drawing rainbows for the NHS
- ❖ Starting a picture so someone can finish it
- ❖ Drawing round their sister's shadow.



Sometimes children draw spirals or funny faces, sometimes they write words. Sometimes they write a poem or a joke. Sometimes they draw suns or clouds and sometimes they draw annoyed things because they feel annoyed. Sometimes they start drawing something and they don't know what it's going to be. Sometimes they write instructions to a game or directions to a place.

They can do what they want because soon the chalk drawings will disappear and will be gone forever.

Although ... you could keep your chalk picture by taking a photo. We would Love to see what you have made. You can send it to [info@culturemile.london](mailto:info@culturemile.london)



Open  
Spaces

Registered Charity

# Make a Collage Mandala



This is one of  
14 green spaces  
managed by the  
City of London at  
little cost to the  
general public.

Find some old magazines or flyers in the recycling. Choose some colours you like and cut them out into different shapes. Arrange them on the floor to make a pattern – or stick them onto paper to make a rainbow!



## Design your own Monument!

The Monument was designed by Sir Christopher Wren and Robert Hooke to make sure Londoners always remembered the Great Fire of London in 1666. It also had a second, hidden, function as telescope to look up at the night sky

If you were building your own monument, what important event in your life that you would like remembered? What would your Monument look like? Where would you build it? Does it have a secret power like Hooke and Wren's Monument?

# Thank you letter

This is an unusual time when most people have been asked to stay at home in order to keep themselves and others healthy.

There are lots of people still going to work to help the community in different ways. These are called **'key workers'**.

Some of these jobs include:

- Supermarket workers
- Hospital workers
- Cleaners
- Transport drivers
- Police officers
- Fire fighters
- Teachers



Do you know anyone working in one of these jobs?

We want to join together to say a big **'thank you'** to all the key workers who are helping to keep others safe and healthy. One way to do this is to write a thank you letter. Can you help by writing your own thank you letter?

How to get started:

- Choose one of the jobs from the list of 'key workers'
- Think of one reason why what they do is important
- Think of something you would like to try or know about their job
- Think of something that will make the reader smile (a picture, a joke, a funny fact)



Dear \_\_\_\_\_ ,

My name is \_\_\_\_\_ . I am \_\_\_\_\_ years old.

I am writing to you to say \_\_\_\_\_

\_\_\_\_\_.

The work you are doing is very important because \_\_\_\_\_

\_\_\_\_\_.

I think the best part of your job must be \_\_\_\_\_ .

Here is a question I wanted to ask you about your work: \_\_\_\_\_

\_\_\_\_\_ ?

This must be a difficult and busy time for you so here is something that I hope

will make you smile:

From,

\_\_\_\_\_



CITY OF LONDON

Open Spaces

Registered Charity

# Make something that floats

Use what you can find in the recycling to make a small boat



Cutting up an old milk or juice carton works well or rolling up newspaper and tying at both ends.

This is one of 14 green spaces managed by the City of London at little cost to the general public.

Use paper clips or string to bind it together – try it out in a sink or bath!



*Hunt & Darton*

RADIO LOCAL

IN

ON AIR

CULTURE

## The City of London Police ambulance

Before the NHS and the ambulance service we have today, the police often took sick people to the hospital. Before 1907 this meant making doors into stretchers and carrying people to hospital or borrowing people's carts to use as ambulances.

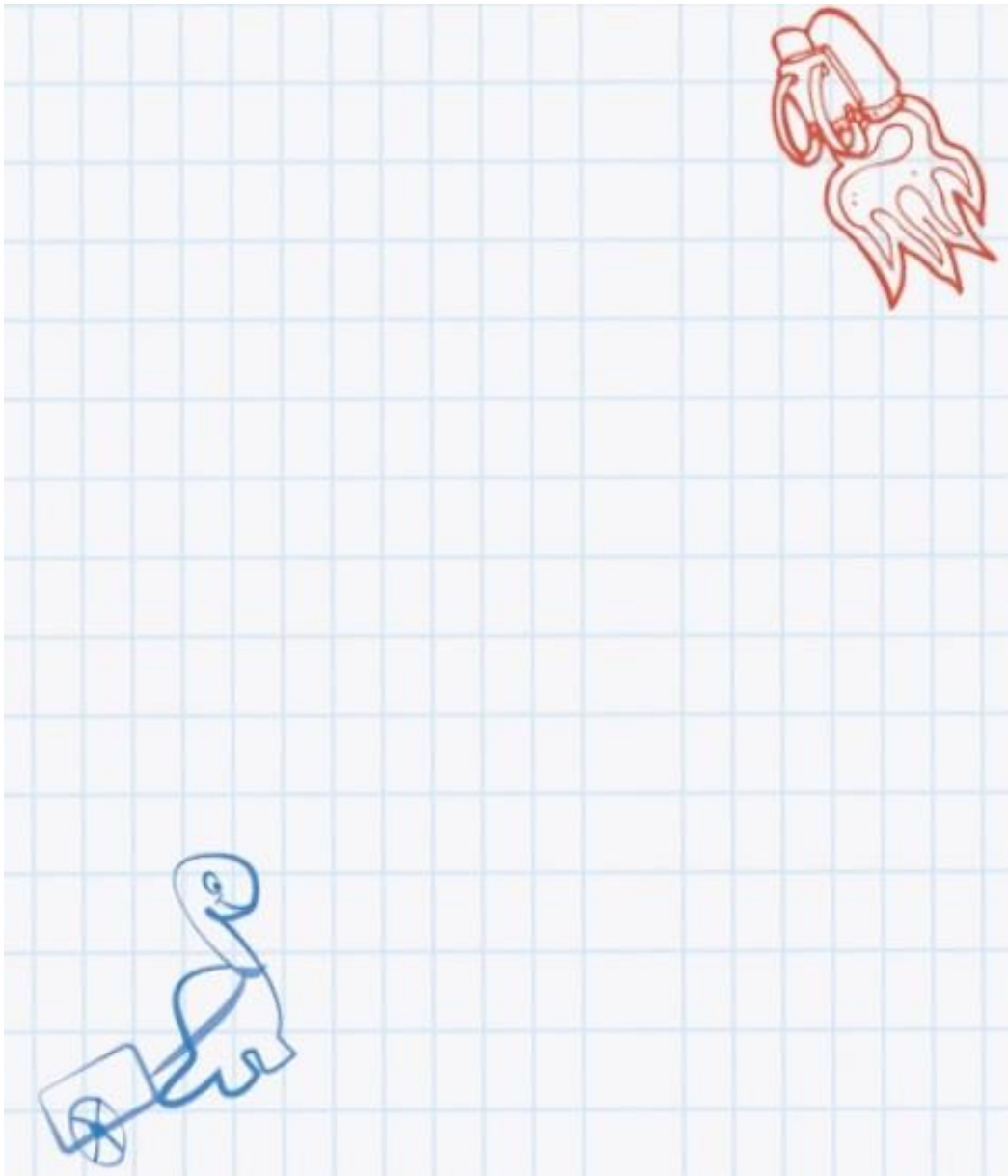
In 1907 the City of London Police Commissioner, Captain Sir William Nott-Bower wanted to form a new Mounted Division (using horses in policing) and suggested the horses could pull ambulances as well as other duties. Instead, the City of London Corporation bought two electric ambulances. Here's one of them below.





## Invent your own ambulance

Draw your ambulance below. Could it be a jet-pack or pulled by dinosaurs?



Send your finished ambulance designs to us at  
[ColPoliceMuseum@cityoflondon.gov.uk](mailto:ColPoliceMuseum@cityoflondon.gov.uk) or share on social media.



**When you remember your own childhood**, you will probably remember playing outside with other children. You may remember making a lot of noise and mess. You may also remember that you didn't need anyone to show you how to play. It was just what you did.

Of course there were games where you had to learn rules. But there was also so much playing that came from your imagination and your desires. You were testing your ideas and your body. You were experimenting with the world and finding out how it worked, and you did all this because you wanted to.

When adults stop telling and showing children what to do and how to do it, children play. It's good for them.

I was told this story by a mother. She walked into a room while her child was talking to his toy horse. As soon as she walked in the child stopped talking to the horse. The mother asked 'Can't you talk to your horse when I'm here?' The child replied 'I can talk to my horse, but my horse won't talk back to me'.



Sometimes children need private space to play. Because of this, you will need something else to do whilst your child is playing. Something you can get lost in.

We have made some simple pages for you to colour (attached). This is not for your children. Let them do whatever they want. This is for you. Make a space and time to sit and colour. It's relaxing. You can let your mind wander. The children will be doing other things. Let them. They may notice you. They may want to join in. They can join in if they want to, but don't expect them to. Their toy horse might be talking to them. They might want to draw other things because seeing you draw is interesting. Let them do that.



During the lockdown children are not out with their friends. They aren't in the school playground or nursery or the park. They will miss these things. They might be scared by all of the change that they don't understand, and of all the talk of Covid 19 and Corona Virus. They might play to work this out. They might even play Corona games or make up scary stories and dramas. This play is so important. Let them do it.

Play is essential for children's development for the future and happiness in the present. It is sometimes magical and creative, sometimes noisy and wild, sometimes a bit mean and weird. Children need to do it. So relax. Sit back and colour. Plant a seed. Flick through a book. Don't feel you have to entertain or occupy your child all day. Ignore your child for a while and let them get on with it.

Islington Play Association run's five adventure playgrounds. Here are two rules we use for a good play place:

1. Don't hurt yourself or anyone else
2. Don't break the stuff.

Other than that, let them play.

Good luck! Take care! Enjoy the colouring or whatever else you fancy doing!





# ADULT ART BOOK

THIS IS AN ACTIVITY FOR GROWN UPS

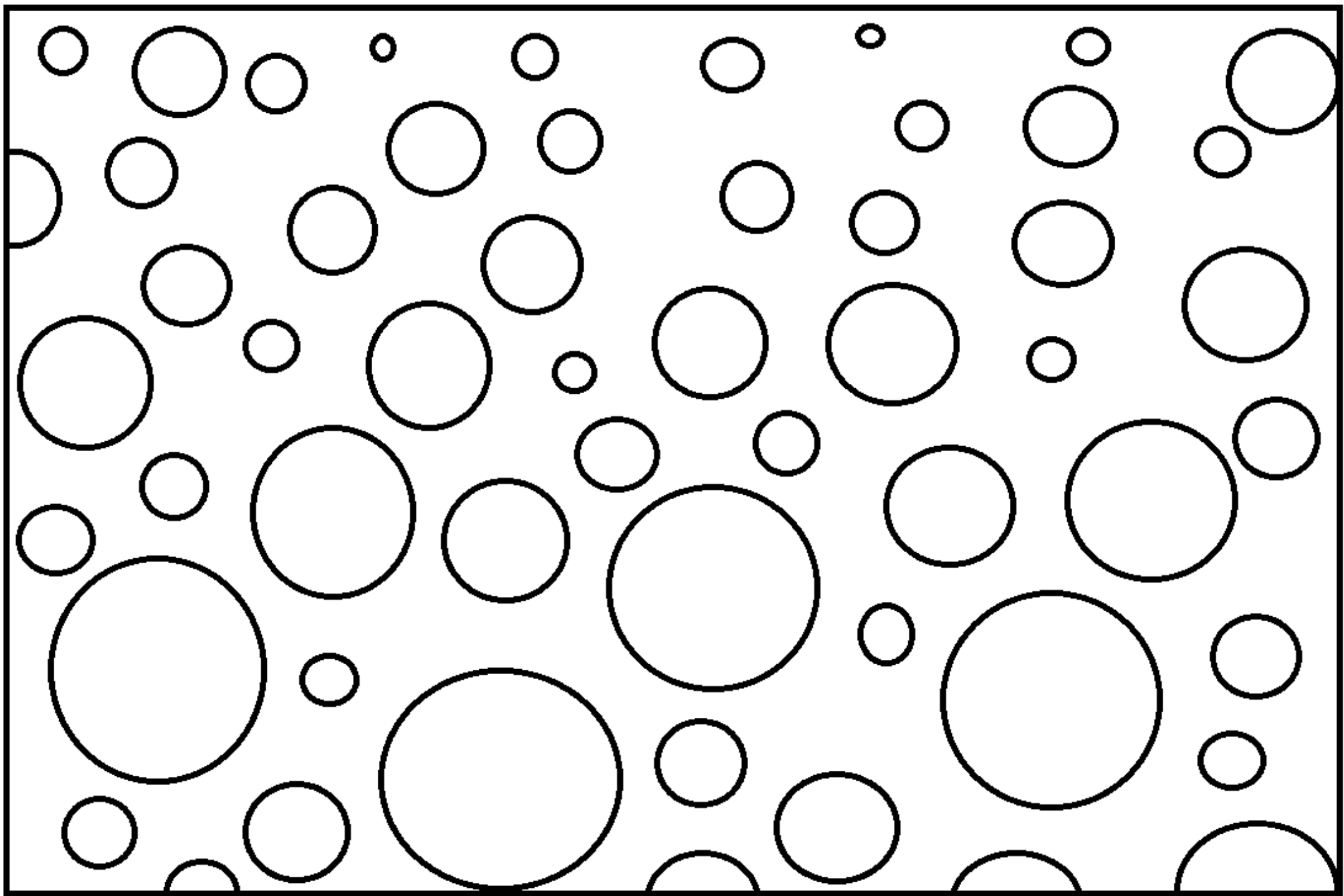
MAKE A SPACE FOR YOURSELF

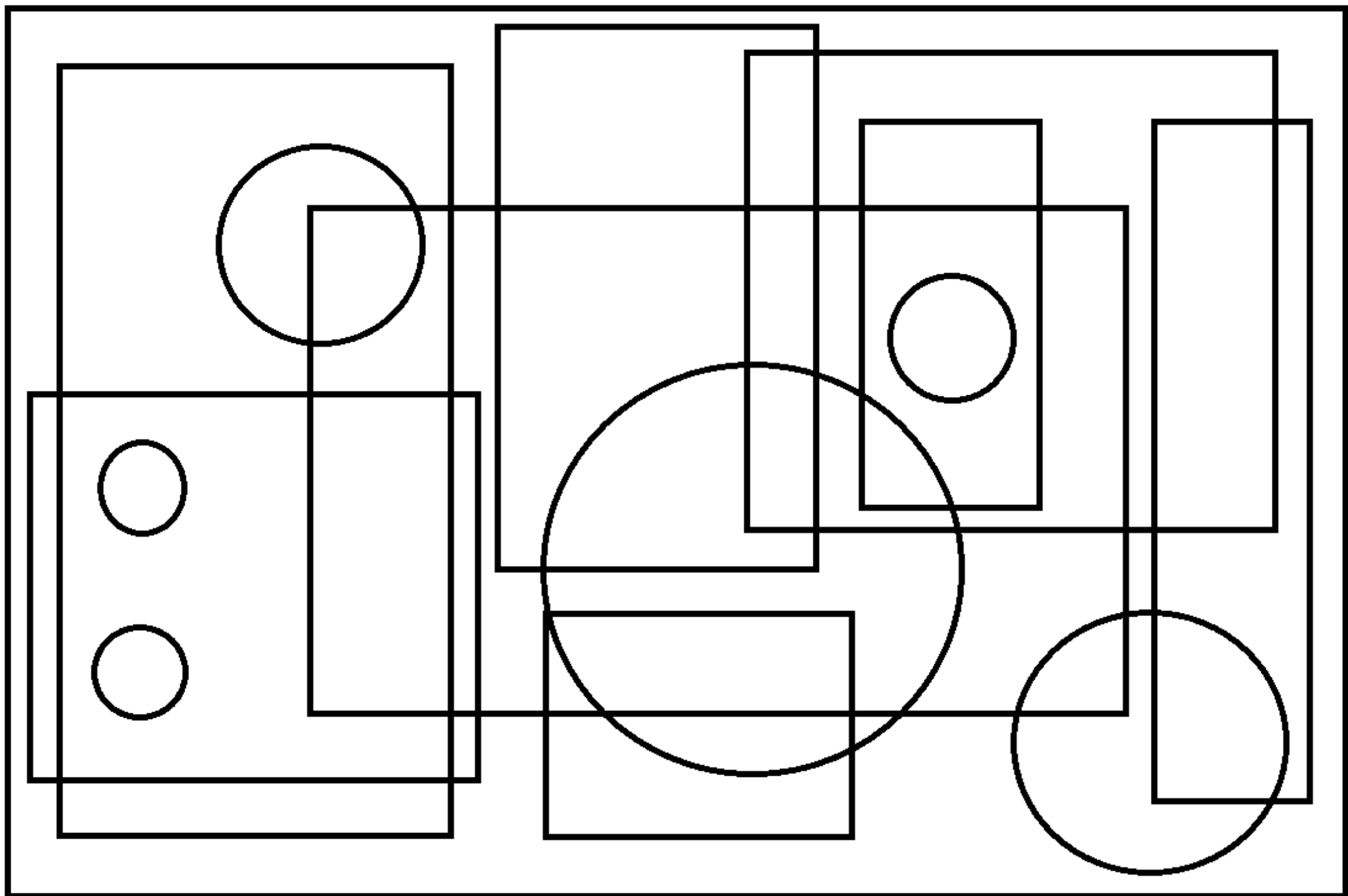
# RELAX

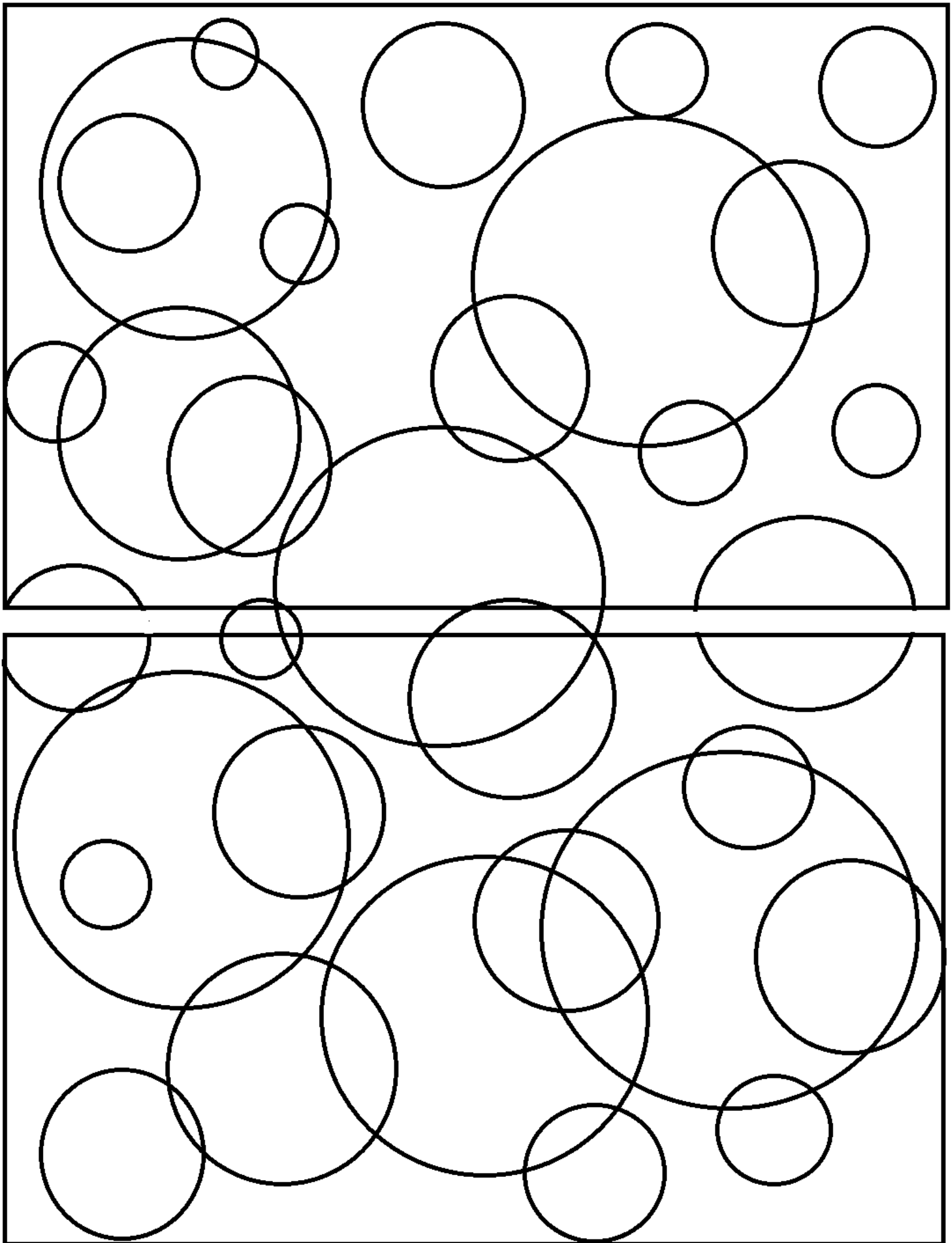


LET YOUR CHILDREN PLAY!

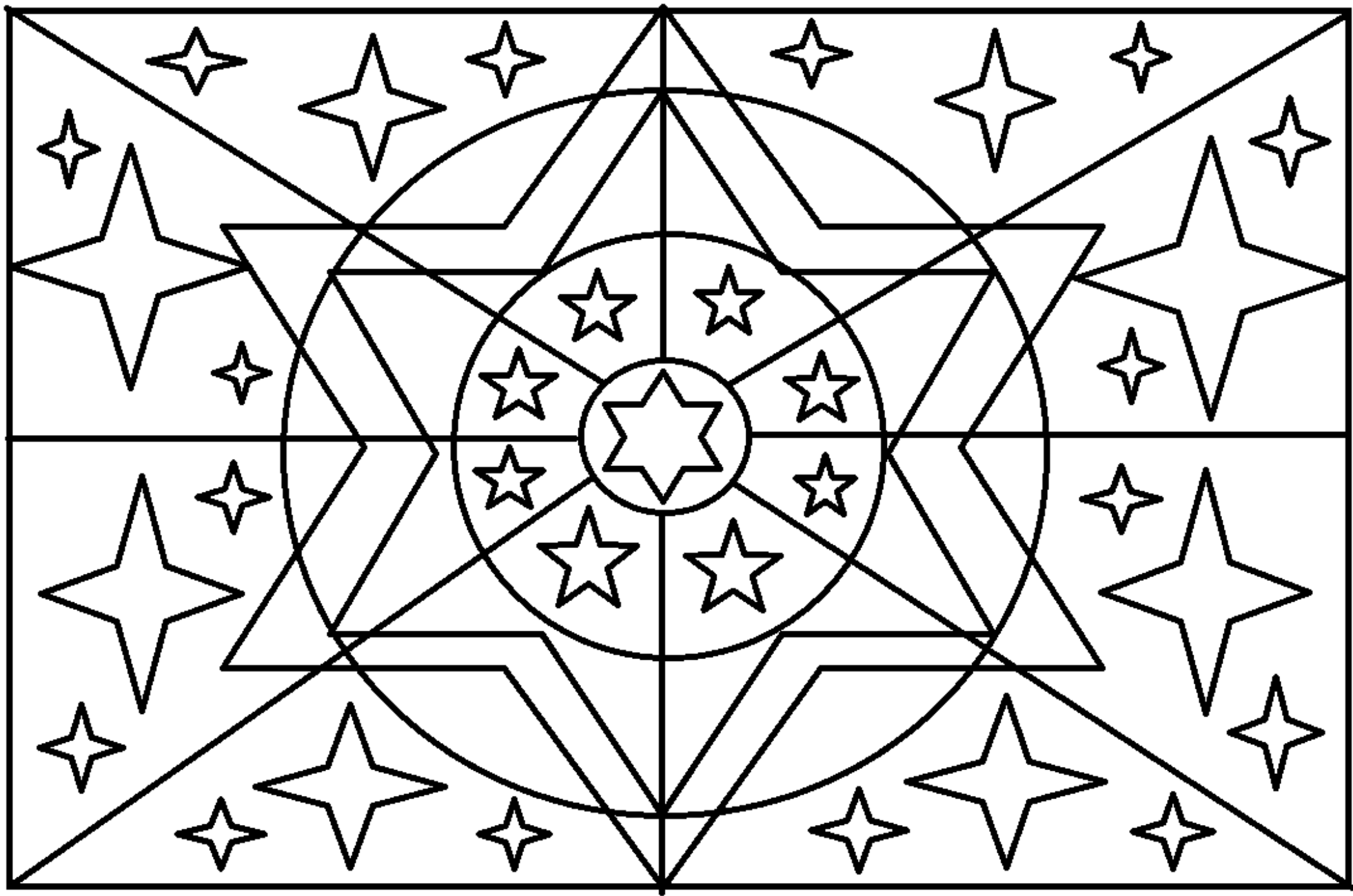
THEY'LL HAVE FUN AND SO WILL YOU!









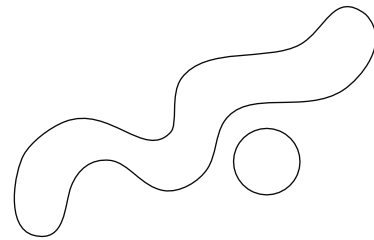




**Cut out two different shapes in any material.**

**How can you put them together?**

**See how it moves when you shake, blow, spin ...**



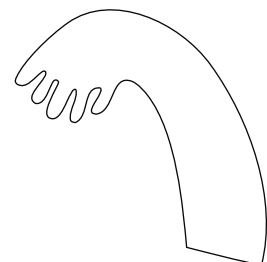
**Draw or describe your object / experience on the back of the paper**



**Create a route from A to B.**

**Make something to balance on your hand or foot.**

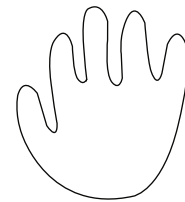
**Can you balance it while jumping, crawling, rolling the route?**



**Draw or describe your object / experience on the back of the paper**



**Find 2 pieces of material.  
Which is heavier?  
Can you balance them  
on your hands or head?**



**Draw or describe your object / experience on the back of the paper** 

**Pick 5 materials.  
Create something that moves when  
you shake your head.**



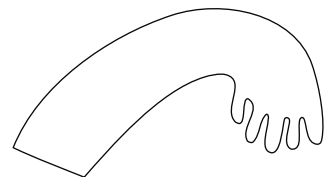
**Draw or describe your object / experience on the back of the paper** 

**Make something that more than one  
person can wear.  
How does it feel when you wiggle,  
jump, dance?**



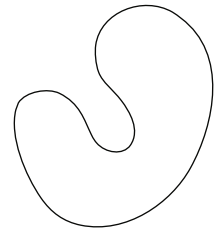
**Draw or describe your object / experience on the back of the paper** 

**Put your hands and feet on the floor.  
Who can crawl under you?  
Can you roll something  
through the space?**



**Draw or describe your object / experience on the back of the paper** 

**Pick 3 different materials and make something that balance.  
On your head? Hand? Toes?**



**Draw or describe your object / experience on the back of the paper** 

**Make 3 objects that are different sizes.  
Can you put them on top of each other?  
What happens next?**



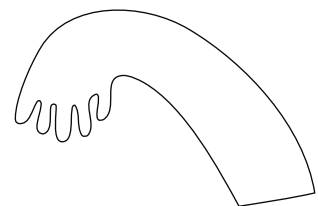
**Draw or describe your object / experience on the back of the paper** 

**Make 2 objects that remind you of  
your favourite food.  
Which one is more fun to play with?**



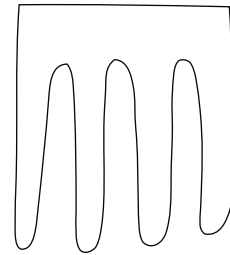
**Draw or describe your object / experience on the back of the paper** 

**Pick up something  
pink, blue, soft or hard.  
Make little hats for your  
fingers, arms, toes!**



**Draw or describe your object / experience on the back of the paper** 

**Make an extension of your body!**  
**Maybe a longer arm?**  
**More fingers?**  
**Extra hair?**



Draw or describe your object / experience on the back of the paper



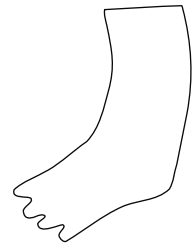
**How long are your legs?**  
**Cut a piece of material to the same**  
**length. Do the same with your arms,**  
**fingers, feet ...**  
**Can you make a skeleton**  
**on the floor?**



Draw or describe your object / experience on the back of the paper



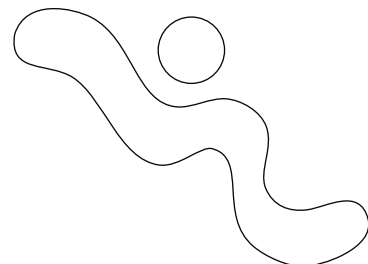
Find a ball and a piece of cardboard.  
What can it do?  
Can you attach it somewhere in the  
space?



Draw or describe your object / experience on the back of the paper



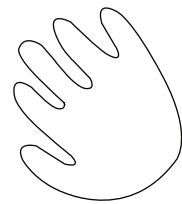
Collect material and sort them  
in soft, hard, textures, colours.  
Close your eyes, how does it feel?  
What do they sound like  
close to your ears?



Draw or describe your object / experience on the back of the paper



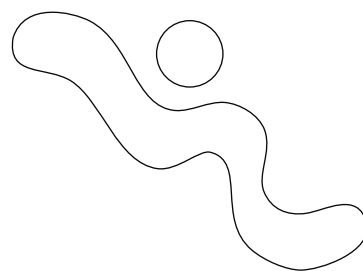
**Attach material to a piece of string.  
How does it feel when you close your  
eyes?  
Can you attach it somewhere else in  
the room?**



**Draw or describe your object / experience on the back of the paper**



**Grab the first material that catches  
your eye.  
Make something that spins around.**



**Draw or describe your object / experience on the back of the paper**



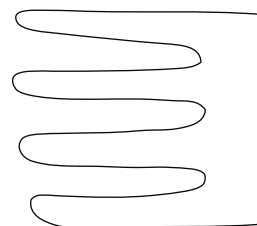


**Close your eyes.  
What sounds can you hear?  
Try to make an object that will make  
a sound.**



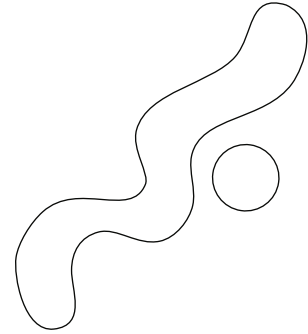
**Draw or describe your object / experience on the back of the paper** 

**Turn upside down. What do you see?  
Make something that you can turn  
upside down!**



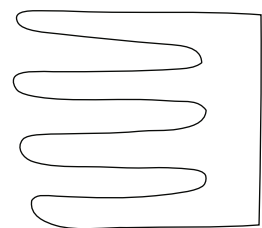
**Draw or describe your object / experience on the back of the paper** 

**Make something small  
and something big.  
Play hide and seek with it!**



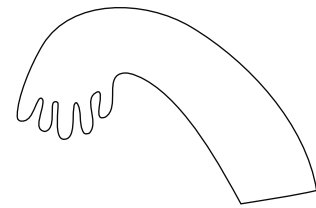
**Draw or describe your object / experience on the back of the paper** 

**Make a tunnel.  
Is it a tiny tunnel or a big tunnel?  
What can you squeeze through?**



**Draw or describe your object / experience on the back of the paper** 

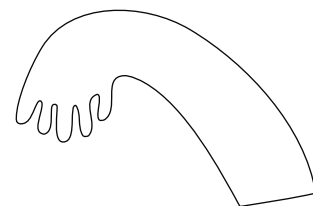
Use material to make  
eyes, ears, tails ...  
Attach them to your socks or hands!  
Do they have a name?



Draw or describe your object / experience on the back of the paper



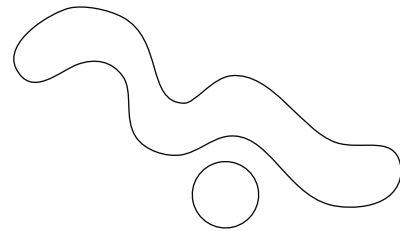
Find 10 objects.  
How can you split them into groups?  
Think about numbers, textures,  
colours, sizes ...



Draw or describe your object / experience on the back of the paper

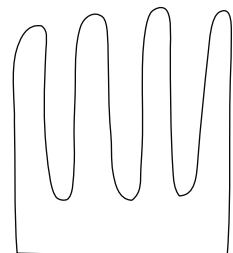


**Find 5 orange things.  
Make a huge necklace.  
Find a friend and swap necklaces!**



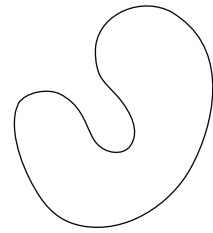
Draw or describe your object / experience on the back of the paper 

**Close your eyes and listen to the  
sounds around!  
Can you make something  
to change the sounds?  
Or something that can  
make sound?**



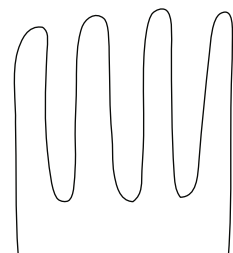
Draw or describe your object / experience on the back of the paper 

**Make something that rolls.  
Make a route for it to follow.  
How does this become a game?**



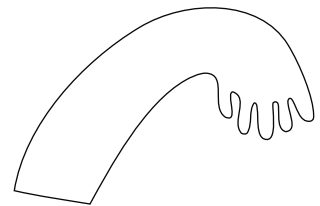
**Draw or describe your object / experience on the back of the paper** 

**Find another adult.  
Use fabric to make a baby swing!  
What else can you make  
with 4 adult hands?**



**Draw or describe your object / experience on the back of the paper** 

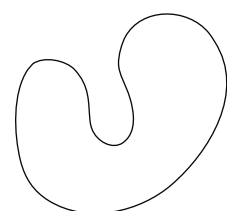
**Pick 3 pieces of material and explore  
the sounds you can make.  
Can you find a drum? What if you  
shake them? Spin them?**



**Draw or describe your object / experience on the back of the paper**



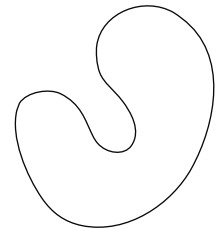
**Make a giant pair of binoculars!  
Lie down on the floor.  
What can you see on the ceiling?  
Under a chair? Through the window?  
Have an adventure!**



**Draw or describe your object / experience on the back of the paper**

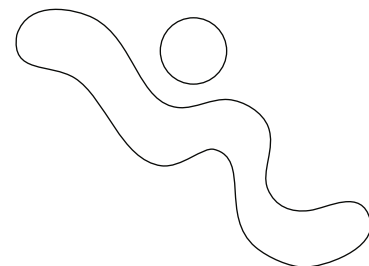


Lie on the floor.  
What do you see on the ceiling?  
Something round? A pattern?  
Any squares?  
Draw what you see!



Draw or describe your object / experience on the back of the paper 

Make a sound with your mouth.  
Create an instrument that can make  
new sounds using your mouth too.



Draw or describe your object / experience on the back of the paper 